Invited Review

CROI 2022: Epidemiologic Trends and Prevention for HIV and SARS-CoV-2

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At the 2022 Conference on Retroviruses and Opportunistic Infections, several speakers discussed disparities in HIV and COVID-19 infections and outcomes. Although the lifetime risk of HIV infection in the United States is higher overall in males than females, Black females have higher risk than White males. In 12 countries in sub-Saharan Africa, women aged 15 to 34 years accounted for more than half of all infections. Because knowledge of HIV serostatus is important for treatment and prevention, several novel strategies were evaluated in the distribution of HIV self-test kits to undertested populations in the United States and sub-Saharan Africa. Data were presented on new products in the pre-exposure prophylaxis (PrEP) pipeline, including long-acting injectable cabotegravir, islatravir, vaginal rings, and in-situ forming implants. Challenges remain in the rollout of oral PrEP, and a number of innovative strategies to address barriers were discussed. Models suggest that the greatest impact of novel PrEP agents would be to increase the pool of persons using PrEP, rather than through improved efficacy. COVID-19 caused substantial declines in HIV and sexually transmitted infection prevention and treatment services, which have started to rebound, but are not yet at pre-pandemic levels in several settings.

Keywords: CROI 2022, PrEP, HIV, COVID-19, SARS-CoV-2, epidemiology, prevention

HIV Epidemiology

Singh and colleagues presented data on the lifetime risk of a diagnosis of HIV infection in the United States (Abstract 43). Using data from the National HIV Surveillance System, the National Center for Health Statistics, and census data, they found that the lifetime risk for males of an HIV diagnosis was 1 in 76 and for females was 1 in 309, based on data from 2017 to 2019. Risk was highest for Black males (1/27), Hispanic males (1/50), and Black females (1/75). In contrast, rates were substantially lower for White males (1/171), Asian males (1/187), White females (1/874), and Asian females (1/1298). Geographically, risk was highest in Washington, DC (1/39) and lowest in Wyoming (1/655). The US South accounted for 9 of 10 states with the highest lifetime risk of HIV. The 10-year risk was highest for males aged 20 years (1/195) and for females aged 30 years (1/1152). Most of the risk accumulated before age 50 years, accounting for 85% of the risk for men and 76% of the risk for women. Although these data are modestly improved from 2010 to 2014, they point to the ongoing disparities, by race/ethnicity, sex, and geography, that continue in the United States.

Siddiqi and colleagues reported on the life expectancy after an HIV diagnosis for people with HIV in the United States from 2008 to 2018 (Abstract 761). They found that life expectancy for people with HIV increased by 4.2 years from 2008 to 2018.

Life expectancy for people with HIV increased by 4.2 years from 2008 to 2018

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a life expectancy of 28.6 years in 2008, life expectancy increased by 4.2 to 32.8 years in 2018. Persons with AIDS at diagnosis had a considerably shorter life expectancy (27.2 years). Life expectancy was highest for Hispanic persons (36.2 years), followed by Black persons (32.0 years), followed by White persons (30.3 years). By transmission category, the longest life expectancy was for men who have sex with men (MSM) (34.1 years), followed by heterosexual women (30.4 years), MSM who inject drugs (29.9 years), women who inject drugs (26.0 years), heterosexual men (25.9 years) and men who inject drugs (24.4 years). Over the 11-year period, life expectancy improved for all persons by age group, sex at birth, race/ethnicity, transmission category, and stage of disease at diagnosis. However, the improvements were not uniform across all groups. Moreover, life expectancy for people diagnosed with HIV was shorter than for the general US population, emphasizing the importance of HIV prevention and of early diagnosis.

Perez and colleagues reported on large clusters of HIV among MSM in the United States (Abstract 44). They used molecular techniques to identify clusters from 2018 to 2019, and then followed those clusters of 5 or more cases forward through September 2021. The largest clusters they identified had more than 25 people and were concentrated in MSM (72%), with fewer among people who inject drugs (PWID, 19%), and no predominant risk group (9%). Large MSM clusters had an average of 23 transmission events per 100 person-years, nearly 6-times higher than the estimated overall average transmission rate of 4 transmission events per 100 person-years. These clusters were racially/ethnically diverse, being made up of nearly equal parts Black, Latino, and White individuals. The authors point out that if these clusters are identified early, interventions may be useful to stop the spread of HIV infection.

Zhou and colleagues reported on new HIV diagnoses in North Carolina from 2018 to 2021 (Abstract 45). They used Primer ID next-generation sequencing with multiplexing to determine viral diversity, an indication of chronic versus recent infection, and to measure drug resistance mutations on 814 new diagnoses at the North Carolina State Laboratory; this accounted for approximately one-third of all new diagnoses in North Carolina over that time. Overall, 40% were recent infections, 47% were chronic infections, and 13% were of indeterminate duration. They noted that in early 2020, the absolute number of infections fell, but the proportion of recent infections rose, likely related to reduced testing due to COVID-19. In late 2020 to 2021, there was a rise in the number of infections, but a lesser proportion were recent infections, signaling a return to broader HIV testing and diagnosis. Factors associated with recent infection included being White (odds ratio [OR], 1.82), being younger than 30 years of age (OR, 1.73), and being diagnosed in 2020 (OR, 1.74); Hispanic persons were less likely to have recent infections (OR, 0.52). The most common drug resistance mutations were against the non-nucleoside reverse transcription inhibitors, although these were declining over time. Resistance to nucleoside reverse transcriptase inhibitors (nRTIs) increased over time, and protease and integrase strand transfer inhibitor (InSTI) mutations remained low and stable. This high-throughput methodology allows for a novel way to track recent infections.

Skaathun and colleagues reported on the high HIV incidence among PWID on the US/Mexico border during the COVID-19 pandemic (Abstract 785). Among 611 persons, overall incidence was 5.2 per 100 person-years, somewhat higher among people located in Tijuana (incidence 11.0/100 person-years). This may reflect a disruption in some harm reduction services and established social networks, and the authors call for mobile harm reduction services with scale-up of antiretroviral therapy (ART) and pre-exposure prophylaxis (PrEP) for susceptible populations. Bonacci and colleagues reported on missed opportunities for prevention and care among PWID in a West Virginia HIV outbreak (Abstract 786). They reviewed medical records from the county’s largest medical system and a community clinic serving PWID, before and after HIV diagnosis for 65 individuals. On average, PWID had 3.2 encounters per person-year before HIV diagnosis, during which 62 screening tests were performed, but no one was prescribed PrEP. Only 4 persons (6%) of PWID...
received syringe services, 31% were prescribed naloxone, and 45% were prescribed medication for opioid use disorder. The authors identified missed opportunities to prevent HIV transmission with HIV testing and PrEP and missed opportunities to address opioid use. Moallef and colleagues reported on the risk of overdose among people who use unregulated drugs in 9 urban centers in the United States and Canada from May 2020 to April 2021 (Abstract 749). Among 889 participants, 41 (4.6%) reported experiencing a nonfatal overdose in the past month. Persons who had experienced nonfatal overdoses were more likely to be female (adjusted odd ratio [aOR], 2.2), to receive medications for opioid use disorder (aOR, 2.5), to be homeless or unstably housed (aOR, 2.2), and to report being highly impacted by the COVID-19 pandemic (aOR, 2.4). The authors call for multilevel interventions to address vulnerabilities and the main drivers of the poisoning crisis.

Li and colleagues reported on HIV risk behaviors among Black and Latina transgender women in the United States (Abstract 790). They recruited 900 HIV-negative transgender women from 7 US cities using respondent-driven sampling, and found that risk practices were higher among Black and Hispanic transgender women than White or other counterparts. Among Black and Hispanic transgender women, 4 in 5 had a cisgender man as their last sex partner, 1 in 4 had condomless sex at last sex, and 1 in 2 had concurrent sex partners. Fewer than 40% of transgender women reported being on PrEP, although the prevalence of PrEP use was higher among Hispanic than White or other women (adjusted prevalence ratio [aPR], 1.5; 95% confidence interval [CI], 1.14-1.96), suggesting the need to increase access to PrEP programs for transgender women at risk for HIV acquisition.

Rosenberg and colleagues reported on HIV incidence across 12 countries in sub-Saharan Africa (Abstract 787). The data were gathered through Population-Based HIV-1 Impact Assessment (PHIA) household surveys and were pooled across countries. Among persons aged 15 to 59 years old, HIV incidence was 3.8 per 100 person-years for women (95% CI, 3.0-4.5) and 1.9 per 100 person-years for men (95% CI, 1.3-2.5). Rates for women were highest among 15- to 34-year-olds, significantly higher than among men at those ages. Rates for men were highest among 35 to 44 years of age. Overall, 316,270 new annual infections were estimated out of a target population of 121 million people in the 12 countries. Women aged 15 to 34 years accounted for 52.5% of all new infections. These high HIV infection rates highlight the need for HIV prevention strategies to be scaled up in these countries. Guo and colleagues evaluated data from these PHIA surveys in 12 sub-Saharan African countries and found that awareness of HIV serostatus was low, varying from Côte d’Ivoire at 50% to Eswatini at 87%. In multivariable regression models, men overall and young men and women (aged 15 to 24 years) were less likely to be aware of their HIV-positive status across all countries. In addition, male sex, younger age, rural residence, and lower education level were less likely to have ever tested for HIV. Among those who had ever tested, fewer than half had tested in the 12 months prior to the survey. This suggests the need for scale-up of HIV testing, particularly for these undertested populations.

Incident HIV infection during pregnancy contributes up to 25% of mother-to-child transmissions in sub-Saharan Africa. Woldesenbot and colleagues reported on HIV incidence among pregnant women from 2 national surveys in South Africa (Abstract 701). They used data from 2 cross-sectional surveys in 2017 and 2019 in South Africa; each were comprised of more than 36,000 pregnant women receiving antenatal care from 1590 facilities. HIV incidence was calculated using a recency HIV antibody assay. The annual HIV incidence was 1.5% and 1.2% in 2017 and 2019, respectively. Factors associated with a higher odds of recent infection
included being in a non-marital relationship, residing in a rural area, having a high school education or lower, and having the current pregnancy be unintended. The annual incidence for both years was higher than the UNAIDS (Joint United Nations Programme on HIV/AIDS) target of less than 1%. These data should help in identifying and intervening with prevention interventions for women at increased risk of HIV infection.

Hampshire and colleagues presented data on the association of heavy rainfall with higher HIV prevalence in 21 counties in sub-Saharan Africa (Abstract 789). Using data from Demographic and Health Surveys (DHS) in these 21 countries from 1997 to 2017, they found the odds of having HIV infection to be higher among those with a larger number of years of heavy rainfall in the 10 years prior to the survey (aOR, 1.14; 95% CI, 1.11-1.18), as well as the odds of having a sexually transmitted infection (STI) in the past 12 months (aOR, 1.11; 95% CI, 1.07-1.15), and of reporting a greater number of sexual partners in the past 12 months (aOR, 1.12; 95% CI, 1.06-1.17). The association between heavy rainfall and high HIV prevalence was particularly pronounced in women and in those living in rural settings. They hypothesize that such increased prevalence may arise from flooding and food insecurity leading to transactional sex and migration, and damage to public infrastructure weakening access to health resources for HIV prevention.

Akullian and colleagues presented a mathematical model investigating the contribution of acute or early HIV infection to new HIV infections in young adults in Eswatini (Abstract 794). They found that ART scale-up has had the largest effect in reducing transmission from people with HIV in the latent stage of infection, decreasing from contributing 70% of HIV incidence to 40% of HIV incidence with the onset of universal test-and-treat policies. Although the absolute number of new infections contributed from acutely infected individuals (less than 3 months from acquisition) declined, the proportion of total transmissions increased from 10% to 15% before versus after universal test and treat. In the universal test-and-treat era, most infections (50%-60%) in men and women younger than 25 years of age were from individuals infected for less than 1 year. They found that incidence above 1% could be sustained despite universal test and treat, suggesting that additional measures are needed to eliminate new HIV infections. Gountas and colleagues also created a mathematical model to evaluate whether meeting the 95-95-95 target for Greek MSM would be enough to meet the UNAIDS goal of reducing HIV incidence by 90% by 2030 (Abstract 797). They found that under a status quo scenario, Greek MSM would reach the 95-95-95 target by 2030, but that it would only reduce HIV incidence by 32.4% compared with 2010 levels. Therefore, the authors called for scale-up of PrEP to achieve target reductions in HIV incidence. Cambiano and colleagues created a mathematical model of HIV incidence in MSM in the United Kingdom (Abstract 898). They found that the HIV incidence declined 74% from approximately 2600 new HIV infections in MSM in 2011 to approximately 670 in 2021. In their model, condom use, PrEP, a boost in HIV testing and ART played a key role in reducing new HIV infections. They predicted that continuation of current prevention policies is likely to lead to virtual elimination (defined as less than 1/1000 new person-years of infection) in 25 years’ time.

### HIV Testing

Drammeh and colleagues presented trends in HIV testing and linkage to HIV treatment in 41 countries from 2016 to 2021 (Abstract 89). These data included 41 of 59 PEPFAR (President’s Emergency Plan for AIDS Relief) countries, and 99.3% of PEPFAR's HIV testing and treatment results. Since 2018, HIV tests decreased from approximately 20 million annual tests to 15 million annual tests, as PEPFAR moved from recommending universal testing to testing targeted to those believed to be at increased risk of HIV infection; however, test positivity remained relatively stable over that period of time at approximately 4%. This would suggest that the new testing guidance is not identifying a population enriched for persons with HIV, and that more people with HIV may be missed by this new testing strategy. Since 2016, the proportion of newly diagnosed
persons initiating ART has increased from 60% to 90%, approaching the 95% target set by UNAIDS.

Chavez and colleagues presented data on distribution of 100,000 oral HIV self-test kits throughout the United States and Puerto Rico in 2021 (Abstract 143). Their campaign, run through the TakeMe-Home portal, focused its efforts on reaching Black and Hispanic MSM, transgender women of any race/ethnicity, and Black women in areas with high HIV burden. They planned for the campaign to last for up to 18 months, but 100,000 test kits were distributed by 8 months. In total, 52,277 ordered 1 or 2 test kits, 55% of which were ordered in high-HIV-burden areas. Overall, 26% of persons ordering tests had never been previously tested, and an additional 33% had been tested more than 12 months prior. Cisgender MSM placed 47% of the orders, 18.4% of whom had never been tested, substantially higher than the 5% of MSM who report never having tested in the National HIV Behavioral Surveillance study. The program also reached cisgender Black women (11% of all orders, 22% of whom had never tested), and transgender women (1.6% of all orders, 24% of whom had never tested.) The Center for Disease Control and Prevention (CDC) plans to continue its direct-to-consumer marketing and distribution of self-tests, and hopes that state and local health departments and community-based organizations will also promote use of HIV self-testing.

Thakker and colleagues reported on HIV self-testing conducted in 28 states in India from June through December 2021 (Abstract 144). In India, 24% of persons with HIV are unaware of their status, necessitating strategies to increase testing. The team used virtual counselors to approach potential testers through dating Apps and social media platforms. They reached 1959 persons with self-test kits, 73% of whom requested assistance in conducting the self-test. Overall, 79% of testers were MSM, 8% were transgender, 11% were female sex workers, and 2% were PWID. Of these, results were reported in 92% of testers. Overall, 5% of persons were found to be HIV positive, much higher than the overall prevalence of 0.2% in the general Indian population. Of these, 72% were male and the median age was 27 years. Only 41% of those with a positive screening test had confirmatory tests, were linked to care, and received ART. Bell and colleagues reported on another evaluation of virtual HIV testing in 6839 persons in 22 Indian states (Abstract 806). In this study, 7% of persons tested positive, 73% of whom had no prior HIV testing history. Only 51% of those testing positive initiated ART; persons with no prior testing history were less likely to initiate ART than those with previous testing experience (66% versus 75%, respectively). Both studies suggest that these online testing strategies, using a team of virtual outreach workers, are successful in identifying persons unaware of their HIV status, but more work is needed to link newly diagnosed persons to HIV care.

Salvadori and colleagues tested a 3-in-1 rapid blood self-test for HIV, hepatitis B surface antigen, and hepatitis C antibody, collected by fingerstick, in Thailand (Abstract 814). Overall, 2260 persons presented for testing, half of whom were born female, and 59% of whom had never previously tested for HIV. When given the option for health care worker-based or self-testing, 81.6% of clients chose self-testing, with most able to correctly interpret the results. Only 37 (2%) of 1844 self-testers misinterpreted at least 1 result, and 93.3% reported being “very satisfied” with the testing. This suggests that multiplex rapid blood self-testing may be highly acceptable and could contribute to easier access to testing and earlier diagnosis of HIV, hepatitis B, and hepatitis C.

Davey and colleagues presented data on a randomized trial of distribution of self-test kits for the male partners of women with HIV versus clinic referral in South Africa (Abstract 145). In South Africa, 13% of men with HIV are unaware of their status (approximately 1 million men), and clinic-based
testing has numerous barriers for men to attend. In this study, women with HIV with partners of unknown serostatus were randomly assigned to receive home oral self-test kits to distribute to their partners, or to refer their partners for clinic-based testing. In an intention to treat analysis, 78% of women assigned to the self-testing group reported that their partners underwent HIV testing, compared with 55% in the control group (relative risk [RR], 1.4; 95% CI, 1.1-1.8). Seropositivity was similar between the 2 groups of partners (14% versus 12%). There was 1 case of intimate partner violence (partner yelled at the woman) and 1 case in which the partnership broke up. The authors recommend that women with partners of unknown HIV serostatus receive home self-test kits to distribute to their partners. In contrast, Mujugira and colleagues presented data on a partner testing program with self-test distribution by Ugandan pregnant women with HIV (Abstract 897). They enrolled 500 pregnant women with HIV, and randomly assigned them 2:1 to a secondary distribution of HIV self-testing kits or an invitation for fast-track HIV testing. In this study, there was no significant difference in the proportion of male partners who tested (49% versus 45%, respectively), nor in linkage to ART or PrEP for their partners, depending on their HIV status. The authors call for additional strategies to reach men for HIV testing.

Hensen and colleagues presented a cluster randomly assigned trial of an HIV testing intervention for adolescents and young adults, aged 15 to 24 years, in Zambia (Abstract 813). The Yathu Yathu trial randomized 20 zones in 2 communities to an intervention, comprised of a community-based hub providing sexual and reproductive health services staffed by peer support workers or a control condition, comprised of only a health facility. Overall, 1989 youth participated, half of whom were male. After the intervention, knowledge of HIV status by self-report or HIV testing was higher in the intervention arm than the control arm (73.3% versus 48.4%, respectively; aPR, 1.53; P<0.001). The authors concluded that delivering a community-based, peer-led, and incentivized sexual and reproductive health services increased knowledge of HIV serostatus and could thus make a substantial contribution to increasing access to HIV prevention and care.

Chirairo and colleagues evaluated the yield of HIV testing of partners (assisted partner services [APS]) of persons newly diagnosed versus persons with established diagnoses in Namibia (Abstract 147). Both sets of persons with HIV were asked about partners within the past 24 months, who were then contacted and, if not known to be HIV positive, were recommended for HIV testing. There was similar acceptance of APS (90% vs 89%, respectively) and of the number of contacts identified per person (1.06 vs 1.0, respectively) in persons with new versus established HIV infection. Persons newly diagnosed had a lower proportion of partners with a previous diagnosis than persons with established diagnoses (13% vs 37%, respectively), and higher HIV case finding (0.14 vs 0.09 positive tests per index case, respectively), but the latter was not statistically significantly different. The authors recommend that APS be offered to persons with new and established HIV infections to uncover previously undiagnosed HIV infections in sexual partners. Golden and colleagues also evaluated APS and the risk of adverse events in Mozambique (Abstract 148). They found the number of contacts per index case (1.03) was similar to that in the Chirairo study, but the case finding was higher (0.36 new HIV positive diagnoses per index case). Only 5 of 211 persons who had a fear of an adverse event actually had an adverse event (2.4%) and the rate overall was even lower (1.2%). Only 0.5% suffered physical violence, 0.9% were pushed, abandoned, or yelled at, and 0.8% lost financial support. The best predictor of having an adverse event was having a partner who was notified but not HIV tested. The authors concluded that APS is a safe intervention.

Sexually Transmitted Infections

Killian and colleagues reported on the prevalence of syphilis in Tanzania, Uganda, Zambia, and Zimbabwe based on PHIA surveys conducted between 2016 and 2019 (Abstract 141). The prevalence of syphilis was higher among people with HIV, ranging from 2.9% in Zimbabwe to 9.6% in Zambia;
among HIV-negative persons, it ranged from 0.8% in Tanzania to 2.1% in Zambia. However, the majority of individuals with syphilis are HIV-negative, accounting for approximately three-fourths of the more than 1 million syphilis cases across the 4 countries. Among people with HIV, syphilis prevalence did not differ by age or other demographics but was higher among those with 2 or more sexual partners in the past 12 months. Among HIV-negative individuals, syphilis prevalence increased with age and was higher among people with less than a secondary education; those who were divorced, widowed, or separated; and individuals with lower socioeconomic status. These findings highlight the need for consistent and frequent screening for syphilis among people with or at-risk for HIV and improved access to effective syphilis treatment.

Patel and colleagues reported on HIV risk among patients with discordant syphilis antibody profiles within the Montefiore Health System (Abstract 873). They defined a discordant profile as having a positive initial treponemal test, negative nontreponemal test, and positive confirmatory treponemal test. Among 28,274 patients with syphilis testing between January and June 2018, 960 (3.4%) had a discordant syphilis antibody profile: 798 had previously treated syphilis, 97 had untreated late latent syphilis, 5 had early primary syphilis with prozone phenomenon, and 60 were inadequately assessed. Among 522 HIV-negative patients with a discordant syphilis profile, 15% had active HIV risk, including 11% on PrEP, 6% with gonorrhea or chlamydia within the past 3 years, and 0.38% had early syphilis. These findings suggest that clinicians should counsel individuals with discordant syphilis testing about HIV risk and consider PrEP.

Several studies reported on STIs in pregnancy and associated pregnancy outcomes. Castilho and colleagues presented data on prenatal syphilis risk among 2,169 pregnant women with HIV in Brazil (Abstract 885). Overall, 166 (7.7%) had prenatal syphilis, of whom 91% had documented treatment. The median gestational age at syphilis diagnosis was 14.6 weeks. Compared with those without prenatal syphilis, women with HIV with prenatal syphilis were younger, more likely to be Black or mixed race, more likely to have less than 8 years of education, were diagnosed with HIV in later calendar years, and were more likely to have ever used tobacco, alcohol, and crack or cocaine. Adverse pregnancy outcomes (stillbirth, spontaneous abortion) were rare and did not differ in those with or without prenatal syphilis.

Oluoch and colleagues reported on the risk of bacterial vaginosis (BV) before and during first pregnancy among Kenyan adolescent girls and young women (AGYW) at risk for HIV (Abstract 878). Among 400 AGYW aged 16 to 20 years, 42% had a positive pregnancy test during study follow-up. Overall, 38% of participants had BV before pregnancy and 23% had BV during pregnancy. The adjusted relative risk (aRR) of BV during pregnancy among AGYW who had experienced BV pre-pregnancy was 0.66 (95% CI, 0.48-0.92), indicating that pregnancy in this cohort was associated with a 34% reduction in BV diagnosis. A history of chlamydia infection was associated with BV during pregnancy (RR, 4.13; 95% CI, 1.73-9.90). The authors hypothesize that changes in the hormonal milieu during pregnancy may explain the protective effect from BV during pregnancy.

Nyemba and colleagues evaluated the impact of diagnosing and treating curable STIs during pregnancy on adverse pregnancy and birth outcomes (Abstract 886). Among 619 pregnant women (79% with HIV) attending antenatal clinics in South Africa, the prevalence of any STI was 37%: 26% with chlamydia, 18% with trichomonas, and 6% with gonorrhea. Overall, there were 93% singleton live births, 5% miscarriages, and 2% stillbirths, and among live births, there were 1% neonatal deaths,
7% low birthweight in full-term babies, and 10% preterm delivery, resulting in a composite adverse pregnancy outcome in 24%. Diagnosis and treatment of any STI at the first antenatal care visit was not associated with adverse pregnancy or birth outcomes. However, in women with HIV, diagnosis and treatment of chlamydia (aRR, 1.57; 95% CI, 1.04-2.39) and gonorrhea (aRR, 1.69; 95% CI, 1.09-3.08) were independently associated with the composite adverse pregnancy outcome. The researchers highlight the urgent need for STI testing and treatment in antenatal clinics to reduce the high burden of STIs in pregnant women in South Africa.

Rossotti and colleagues evaluated the impact of the nonavalent human papillomavirus (HPV) vaccination on oral HPV infection (Abstract 876). Among 211 MSM and transgender women (65% with HIV, mean CD4+ count 788 cells/μL) assessed before and after nonavalent vaccination, 14% tested positive for oral HPV infection at baseline, with higher rates in people with HIV (18.8% vs 5.4% in PrEP users and 5.9% in other individuals being screened for STIs). The positivity rate did not change over time after vaccination, and recreational drug use was the only factor associated with HPV acquisition (adjusted hazard ratio [aHR], 3.52; 95% CI, 1.22-10.10). Although viral clearance was observed in the large majority of those with oral HPV at baseline, a significant proportion acquired a new infection over time; these trends did not differ by HIV status.

Omollo and colleagues evaluated the use of a risk score to facilitate targeted STI diagnostic testing in young Kenyan women (Abstract 877). Using data from the POWER (Prevention Options for Women Evaluation Research) cohort, a PrEP implementation science project for AGYW in family planning clinics in Kenya, they developed a risk score to identify youth at increased risk for chlamydia or gonorrhea infection, which included parameters for age, marital status, living situation, breastfeeding status, and use of family planning methods. Among 996 women with test results, 12% presented with STI symptoms; the overall prevalence of chlamydia or gonorrhea was 21%. The area-under-the-receiver operating curve (AUC) for the risk score was 0.71, and having a risk score of 4 or higher (occurring in 52% of women), had 78% sensitivity and 57% specificity for detection of chlamydia or gonorrhea infection. Using the syndromic approach, symptoms had only 15% sensitivity and 88% specificity, missing 85% of all infections, highlighting the inadequacy of syndromic management and the need for improved screening algorithms and high-quality diagnostic tests in this population.

Hazra and colleagues presented data on a novel delivery model of linking emergency department patients to a Sexual Wellness Clinic for STI services and PrEP (Abstract 872). Patients presenting to the emergency department with STI complaints were screened by a triage physician and transported to the Sexual Wellness Clinic for medical evaluation, comprehensive STI testing and treatment, and same-day PrEP initiation. From February 2019 to September 2021, 560 patients were seen in the clinic; median age was 30 years, half were cisgender female patients, and 72% had public (Medicaid/Medicare) insurance. STI positivity rates were 24% for syphilis, 15% for gonorrhea, 13% for chlamydia, 0.89% for herpes simplex virus (HSV), and 0.54% for HIV. There were 90 same-day PrEP starts (16%), of which 57% were cisgender female patients. All new PrEP starts had follow-up appointments scheduled, with 20% continuing to take PrEP at 3 months and 11% at 6 months. This study demonstrates that transferring emergency department patients to a specialized sexual health clinic is feasible and can identify unique target populations, including cisgender women. However, additional efforts are needed to improve adherence to PrEP.

**Preexposure Prophylaxis**

**Novel PrEP Agents and Formulations**

Landovitz and colleagues presented updated efficacy data from the ongoing HPTN (HIV Prevention Trials Network) 083 study, a phase Ib/III randomized trial comparing long-acting injectable cabotegravir (CAB-LA) administered every 8 weeks with daily oral tenofovir disoproxil fumarate/emtricitabine (TDF/FTC) in cisgender men and transgender women who have sex with men (Abstract 96). At last year’s CROI,
data from the blinded phase of the trial through May 2020 showed 51 incident HIV infections (12 assigned to CAB-LA, 39 assigned to TDF/FTC) with a hazard ratio (HR) of 0.32 (95% CI, 0.16-0.58), supporting approval of CAB-LA for PrEP by the US Food and Drug Administration (FDA) in December 2021. In this updated analysis, 4 additional infections were detected in the blinded phase (2 CAB-LA, 2 TDF/FTC) and 42 infections (11 CAB-LA, 31 TDF/FTC) were identified in the 1-year period after unblinding (May 2020-May 2021) in which participants continued their original randomized study treatment until the protocol was amended to offer eligible participants open-label CAB-LA. Reduction in risk for CAB-LA versus TDF/FTC remained similar in the unblinded phase (HR, 0.33; 95% CI, 0.17-0.66) and when blinded and unblinded periods were combined (HR, 0.34; 95% CI, 0.22-0.54). HIV incidence was higher in both arms in the unblinded phase (0.76/100 person-years in the CAB-LA arm vs 2.20/100 person-years in TDF/FTC arm), which was attributed to a decline in adherence in both groups and increased contributions of person-years from high incidence regions in Latin America during the unblinded period. The 2 newly identified blinded CAB-LA arm infections occurred in the setting of on-time CAB-LA injections. Of the 11 newly identified unblinded CAB-LA arm infections, 1 had on-time injections, 3 had delayed injections, and 7 occurred more than 6 months after the last CAB-LA exposure (2 of these 7 never received a CAB-LA injection). Six additional new CAB-LA arm infections were identified after 3 years on study (after the prespecified analysis period), all of which occurred more than 6 months after the last injection. No new safety concerns were identified with the additional year of follow-up visits.

Eshleman and colleagues reported on the timing of emergence of InSTI resistance among CAB-LA–arm breakthrough infections in HPTN 083 (Abstract 95). The authors used a single genome sequencing assay to assess for InSTI resistance at low viral loads and whether earlier detection of these infections using a sensitive RNA assay for screening would reduce InSTI resistance risk. In all 7 participants with InSTI resistance mutations, detection of infection at study sites using rapid tests and antigen/antibody tests was delayed (median, 60 days). In 5 of the 7 cases, major InSTI resistance mutations were first detected in samples from individuals with low viral loads. Use of a qualitative RNA assay for HIV screening would have detected HIV infection before a major InSTI resistance mutation was detected in 4 cases or before additional major InSTI resistance mutations accumulated in 2 cases. Given the high efficacy of this injectable PrEP regimen, the authors recommend that CAB-LA be considered in settings where HIV RNA screening is not readily available.

As the efficacy trials of CAB-LA used TDF/FTC as an active comparator, Donnell and colleagues constructed counterfactual estimates of CAB-LA efficacy against placebo (Abstract 86). The HPTN 084 study conducted among 3224 women in sub-Saharan Africa demonstrated an 89% reduction in HIV acquisition in participants who received injectable CAB-LA versus oral TDF/FTC. Using data from 3 contemporaneous randomized HIV prevention trials taking place in similar locations (AMP [Antibody Mediated Prevention] trial, ECHO [Evidence for Contraceptive Options and HIV Outcomes] trial, and HVTN [HIV Vaccine Trials Network] 702), the researchers constructed estimates of counterfactual placebo incidence rates of 2.62, 4.47, and 4.21 per 100 person-years, respectively, resulting in CAB-LA versus placebo estimates of 93%, 95%, and 93%, respectively. These findings illustrate a potential approach for estimating efficacy in future prevention trials with no placebo arm.

Young and colleagues presented on preclinical work to develop a long-acting injectable for prevention of HIV and unplanned pregnancy (Abstract 80). They developed an in situ forming implant (ISFI) that is injectable, long acting for more than 3 months, administered subcutaneously, biodegradable, and removable, and loaded them with dolutegravir (DTG) or CAB and etonogestrel (ENG) or medroxyprogesterone acetate (MPA). The optimized formulations of these combinations were then evaluated in a 90-day pharmacokinetic (PK) and safety study in female mice (12 in each group). In vivo plasma concentrations of CAB and DTG were above the previously established threshold of 4
times the protein-adjusted inhibitory concentration (4× PA-IC$_{90}$) for 90 days. There were no significant differences in antiretroviral drug release when formulated with either hormone. DTG, CAB, and MPA demonstrated zero-order release kinetics, and ENG elicited first-order release. Drug depots retrieved after 90 days showed 41% to 65% degradation of the polymer and substantial residual drug remaining, respectively, particularly for CAB and MPA, suggesting that these multipurpose technology ISFIs have the potential to release for longer than 90 days in vivo. All formulations were safe and well tolerated.

Massud and colleagues evaluated the PK and efficacy of biodegradable ISFIs with CAB in macaques (Abstract 855). Two 1-mL injections of CAB ISFI were administered to 6 rhesus macaques who were then challenged with simian HIV (SHIV)$_{162p3}$. Median plasma CAB levels were high at week 4 and remained about 1.9-fold above the 4× PA-IC$_{90}$ for up to 6 months after administration, and median CAB levels in vaginal and rectal tissues increased more than 2-fold by week 12. Four CAB-treated animals exposed to SHIV twice weekly starting at week 4 or week 12 postadministration were fully protected after 8 SHIV exposures for up to 6 months, compared with 2 untreated animals that were infected with SHIV after 1 rectal challenge. Implant removal in 2 macaques at week 12 resulted in a rapid decline in plasma CAB levels within 3 days, and CAB levels fell below the limit of detection by week 3 postremoval. No skin reactions or safety concerns were observed at the implant sites in any of the CAB-treated animals.

Macdonald and colleagues reported on metabolic and renal outcomes of monthly oral islatravir, a nucleoside analogue reverse transcriptase translocation inhibitor, in a phase IIa trial for HIV PrEP (Abstract 85). In this study, 224 participants (68% female, 41% Black) at low risk for HIV were randomly assigned to islatravir 60 mg, 120 mg, or placebo taken once monthly. At 24 weeks, median percent changes from baseline in weight, total hip bone mineral density (BMD), lumbar spine BMD, peripheral fat, and trunk fat were small and comparable for the islatravir 60 mg and placebo groups. There were slight median percent increases in weight (+1.8%), peripheral fat (+2.5%), and trunk fat (+3.4%) in the islatravir 120-mg arm compared with baseline. No changes in serum creatinine level or estimated glomerular filtration rate (eGFR) were observed across treatment groups, and small and similar decreases in urinary retinol-binding protein to creatinine ratios were observed across groups, indicating no significant proximal renal tubular dysfunction. Based on declines in lymphocytes seen in clinical trials of islatravir, the PrEP program has been placed on a clinical hold by the US FDA, and all participants enrolled in phase III efficacy trials are being offered open-label daily PrEP.

Hendrix and colleagues presented on the PK distribution of islatravir 60 mg and 120 mg in blood and mucosal tissues among 44 participants enrolled in the tissue PK substudy of the same trial (Abstract 83). Drug concentrations in rectal, vaginal, and cervical tissue and rectal cells, and peripheral blood nuclear cells (PBMCs) showed parallel declines between weeks 1 and 4, with similar trough levels across tissue types and cells observed at week 24. For both doses, islatravir levels in rectal cells and PBMCs remained above the PBMC PK threshold established in prior PK/pharmacodynamic (PD) studies. Drug concentrations were generally similar across tissue types in women and men for islatravir and its active form (islatravir triphosphate [ISL-TP]), and drug penetration was similar in rectal and vaginal tissue. Based on these findings, the authors suggest that plasma islatravir levels may be useful as a surrogate for drug exposure in cervical and rectal tissue.

Ngure and colleagues presented results on choice and adherence to the dapivirine vaginal ring or oral PrEP among 247 young African women in the REACH (Reversing the Epidemic in Africa with Choices in HIV Prevention) study (Abstract 88). In Two-thirds of young African women chose the dapivirine vaginal ring over daily oral PrEP in the REACH study
this 18-month crossover trial, participants were randomly assigned to the monthly ring or daily oral TDF/FTC for the first 6-month period, switched to the other product for the second 6-month period, then were given a choice of ring, oral PrEP, or neither in the third 6-month choice period. The mean age of participants was 18 years, 87% were not married, and 40% had ever been pregnant. Of the 227 (92%) participants who reached the choice period, more than two-thirds (67%) chose the ring, 31% chose oral PrEP, and 2% chose neither product. Residual dapivirine levels in used rings and tenofovir diphosphate (TFV-DP) levels in dried blood spots indicated that participants used both the ring and oral PrEP consistently in the crossover and choice periods with some to high adherence; less than 5% of visits were categorized as no or low adherence to study product. High adherence to oral PrEP in the crossover period was strongly associated with choice of oral PrEP; however, this relationship was not observed for ring choice. These findings demonstrate that AGYW can make informed choices about HIV prevention products and can use products effectively with proper support.

Liu and colleagues presented data on the safety, PK, and acceptability of a 90-day tenofovir vaginal ring in 49 participants assigned female sex at birth (Abstract 82). An extended-duration vaginal ring containing tenofovir could increase adherence and effectiveness, reduce cost and clinic/user burden, and may also help prevent herpes simplex virus 2 acquisition. Participants in this phase I trial were randomly assigned 2:1 to receive a polyurethane ring loaded with 1.4 grams of tenofovir or a placebo ring used continuously for 91 days. The tenofovir ring was well tolerated with no statistically significant differences in reported adverse events across arms. Geometric mean tenofovir concentrations in cervicovaginal fluid and cervical tissue remained high through day 56 but declined at day 91 in a subset of participants. Similarly, geometric mean TFV-DP tissue concentrations exceeded the 1000 femtomole per mg target based on macaque challenge studies through day 56 but fell at day 91. Returned rings were analyzed for residual TFV-DP, and 13 of 32 tenofovir rings had low or no residual tenofovir, consistent with most the tenofovir being released from the ring, with no significant differences by sociodemographics or sexual activity. Acceptability of the ring was high, with most participants reporting a high likelihood of using the ring in the future, if effective. Additional studies are needed to better characterize the higher drug release from the ring in some participants and to determine the optimal duration of use.

**PrEP in Pregnancy**

Delany-Moretlwe evaluated the safety and PK of CAB-LA in pregnant women in the blinded phase of the HPTN 084 trial (Abstract 700). In this study, which demonstrated CAB-LA was superior to TDF/FTC in preventing HIV in women in sub-Saharan Africa, participants with a positive pregnancy test stopped the blinded study product (CAB-LA or TDF/FTC) and were started on open-label TDF/FTC. Among 3224 women enrolled, there were 49 confirmed pregnancies (29 in the CAB-LA arm, 20 in the TDF/FTC arm) for an overall pregnancy incidence of 1.3 per 100 person-year. Although CAB-LA participants (n=6) experienced more pregnancy-associated adverse events than TDF/FTC participants (n=1), all pregnancy-associated adverse events were assessed as unrelated to study product, and no congenital

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**There were no differences in tenofovir diphosphate levels in dried blood spots among transgender men and women taking versus not taking gender-affirming hormones**

**Residual CAB-LA was generally well tolerated in pregnant women**
abnormalities were observed. Of the 43 participants with confirmed pregnancy who received at least 1 injection, the incidence of grade 2 or higher adverse events was 113 per 100 person-years in the CAB-LA arm and 166 per 100 person-years in the TDF/FTC arm (P = .064). The CAB-LA geometric mean apparent terminal phase half-life was similar in pregnant women in HPTN 084 to that in nonpregnant women in HPTN 077 (62 days vs 64.3 days, respectively). These findings suggest that residual CAB-LA was generally well tolerated in pregnant women. Ongoing studies will examine the safety and PK of CAB-LA in women who choose to continue CAB-LA during pregnancy.

Davey and colleagues reported on pregnancy and birth outcomes in oral PrEP-exposed and -unexposed pregnant women in South Africa (Abstract 705). Among 997 pregnancy outcomes ascertained in the PrEP-PP (PrEP in Pregnancy and Postpartum) study, 93% were PrEP exposed. Overall, 94% had singleton live births; 5% had miscarriages or stillbirths in the PrEP-exposed group vs 9% in the PrEP-unexposed group (P = .06). Birth outcomes did not differ between the PrEP-exposed versus PrEP-unexposed groups (P = .99), and among the PrEP exposed, there was no association with duration of antenatal PrEP exposure and birth outcomes (P = .84). These findings support the integration of PrEP into the prevention of mother-to-child transmission and antenatal care programs in communities with high HIV incidence.

In the same study, Davey and colleagues evaluated PrEP continuation and adherence during pregnancy and the postpartum period (Abstract 704). Among 1201 pregnant women in the study, 84% started PrEP during their first antenatal visit. At 1 month and 3 months, 66% and 58% received a repeat prescription, respectively. Among 179 participants who reported any PrEP use at their 3-month visit and had dried blood spots analyzed, two-thirds (65%) had TFV-DP present in their sample (62% in pregnancy and 73% postpartum). Overall, 13% of samples were consistent with approximately 7 doses per week, 17% indicated 2 to 6 doses per week, and 35% indicated fewer than 2 doses per week. Correlates of having detectable TFV-DP included older maternal age, early gestational age at first antenatal clinic visit, single relationship status, and high baseline HIV risk perception. As many women demonstrated intermittent PrEP use in this study, interventions are needed to improve peripartum PrEP continuation and adherence.

Larsen and colleagues presented findings on PrEP use persistence among Kenyan women who initiated PrEP during pregnancy in the PrIMA (PrEP Implementation for Mothers in Antenatal Care) study (Abstract 845). Among 361 women who initiated PrEP and were analyzed in this cohort, 58% persisted with PrEP use at 9 months postpartum. Among those, 53% reported not missing any PrEP pills in the past 30 days. Participants with partners with HIV and those 24 years or older were more likely to persist with PrEP. These findings suggest that adherence interventions should prioritize younger pregnant women and those who may not know their partner’s HIV status.

Matthews and colleagues reported on PrEP use among South African women with plans for pregnancy in the next year (Abstract 846). Among 327 women completing safer conception counseling, of whom most (96%) did know their partners’ HIV status, 195 initiated PrEP. The median adherence during periconception follow-up was 63% as measured using electronic pill caps, with adherence declining over time (73% during the first 3 months and 62% at 12 months). Approximately 32% to 36% of women had high levels of plasma tenofovir through 6 months, but only 14% at month 12. HIV incidence was high in this cohort: 4.04 per 100 person-years overall, 3.66 per 100 person-years among PrEP initiators, and 4.62 per 100 person-years among those who did not initiate PrEP. These results highlight the need for additional PrEP support strategies for young women during the periconception period.

**PrEP in Transgender People**

Blumenthal and colleagues evaluated the bidirectional effects of hormone therapy and TDF/FTC PrEP in a large cohort of transgender individuals in the ImPrEPT (iTAB plus Motivational Interviewing for PrEP Adherence in Transgender Individuals)
Zhu and colleagues reported on PrEP need and services provided to transgender persons in the THRIVE (Targeted Highly Effective Interventions to Reverse the Epidemic) project (Abstract 853). Among 1413 Black and Hispanic transgender women and men enrolled, 83% of transgender women without HIV and 63% to 67% of transgender men without HIV were eligible for PrEP. Nearly 90% of PrEP-eligible participants were referred for PrEP, but less than half were linked to a practitioner or were prescribed PrEP. These findings highlight the importance of addressing barriers to PrEP linkage and prescription among Black and Latinx transgender men and women.

Hoover and colleagues assessed the extent to which HIV prevention services are provided to transgender people prescribed gender-affirming hormone therapy (GAHT) (Abstract 852). Based on data in the 2012 to 2019 MarketScan database, the estimated number of people with transgender-related International Classification of Diseases (ICD)-9/10 codes increased from 7993 in 2012 to 94,168 in 2019, and the estimated number of transgender people prescribed GAHT increased from 1,961 (24.5%) to 38,110 (41%) during this period. Although HIV testing and PrEP prescriptions increased among transgender women and men using GAHT during this period, provision of these prevention services was still low. In 2019, only 23% of transgender women were tested for HIV, and 18% were prescribed PrEP; only 18% of transgender men were tested for HIV, and 12% were prescribed PrEP. The authors recommend holistic service models that provide HIV prevention services in addition to GAHT.

**Trends in the PrEP Continuum**

Several studies evaluated trends in the PrEP continuum in priority populations globally. Barry and study (Abstract 84). Among 172 participants enrolled in the hormone substudy, 114 had paired samples available for analysis, with a mean age of 33 years, 14% were Black participants, and 31% were Latinx participants. Among 49 transgender women on stable estrogen, estradiol concentrations did not change significantly between weeks 0 and 12 in those taking PrEP (185 vs 222 pg/mL; \(P = .53\)). Among 39 transgender men on stable testosterone, testosterone concentrations decreased marginally from week 0 to week 12 in individuals taking PrEP (373 vs 274 ng/dL; \(P = .052\)); however, the effect size was small. At week 12, there were no differences in TFV-DP levels in dried blood spots in transgender women not taking hormones versus those taking hormones (1886 vs 1589 fmol/punch, \(P = .26\)) and transgender men not taking hormones versus those taking hormones (1682 vs 1962 fmol/punch, \(P = .49\)), after adjusting for age, creatinine clearance, and weight. Additionally, there were no changes in body image satisfaction or satisfaction with hormone therapy on gender transition.

From the same study, Morris and colleagues reported results of a randomized controlled trial of a text messaging support intervention with or without brief motivational interviewing (bMI) in transgender individuals (Abstract 990). In this study, 265 participants were randomly assigned 1:1 to receive individualized Texting for Adherence Building (iTAB) with or without bMI. Adherence for the primary outcome (TFV-DP concentrations in dried blood spots \(\geq 1246\) fmol/punch \([\geq 7\) doses/week] at weeks 12 and 48) was 49% for 57 transgender men, 37% for 19 nonbinary individuals, and 31% for 145 transgender women. Adherence for the secondary outcome (TFV-DP \(\geq 719\) fmol/punch \([\geq 4\) doses/week] at weeks 12 and 48) was 58% for transgender men, 47% for nonbinary individuals, and 44% for transgender women. Adherence was not statistically different between the iTAB+bMI and iTAB alone groups for either outcome; however, participants in the iTAB+bMI arm showed an increase in self-reported adherence compared with iTAB alone (daily dose taken 59.8% of days vs 48.7% of days, respectively, \(P = .011\)); this improvement was primarily seen in transgender women.
colleagues characterized the PrEP continuum among 9011 Latinx MSM participating in the annual American Men’s Internet Survey (Abstract 841). Although PrEP awareness increased from 52% to 84% from 2014 to 2020, only one-third of those aware reported discussing PrEP with a health care clinician in the last 12 months, and current PrEP use remained low and relatively stable at 11% to 12% from 2016 to 2020. In a multivariate model, older age, identifying as gay, having health insurance, and meeting CDC PrEP eligibility criteria were most strongly associated with current PrEP use. These findings highlight the need for tailored strategies that take into account the diverse characteristics and contexts of Latinx MSM that can present barriers to PrEP use.

Bennett reported on the spatial distribution and clustering of PrEP uptake among women in the United States (Abstract 847). Using PrEP utilization data from AIDSVu.org, county-level clustering of PrEP utilization was found primarily in major metropolitan areas in California, Florida, southern Louisiana, Georgia, Washington state, and the Northeast, many of which were in Ending the HIV Epidemic (EHE) focus counties. In an analysis of estimated annual percent change in PrEP use from 2012 to 2019, the largest region-specific increase for PrEP utilization was in the Midwest (13.3%) and the smallest in the Northeast (3.8%). The largest state increase was seen in Louisiana (31.2%) and the largest decrease was seen in Massachusetts (−10.4%). The researchers conclude that understanding where PrEP utilization is increasing relative to surrounding areas and identifying gaps, along with improved education about PrEP, is needed to address the HIV epidemic among women.

Irie and colleagues evaluated PrEP discontinuations among women prescribed PrEP from 2012 to 2019 in a national network of community health centers (Abstract 925). Among 9741 people prescribed PrEP, 669 (7%) were cisgender women. Among these women, the mean age was 36 years, 33% were Black, 20% Latina, most were on Medicaid (46%) or uninsured (27%), and 87% had incomes below 138% the federal poverty level. Among women prescribed PrEP, 56% discontinued PrEP use within 1 year, with higher discontinuation observed among women who were uninsured or at a lower income. The authors call for responsive implementation strategies to improve not only PrEP uptake, but also PrEP continuation in this population.

Zhu and colleagues estimated the number of PrEP users and prescribers in rural areas in the United States (Abstract 834). Based on data from a national longitudinal prescriptions database, the number of rural PrEP users in the United States increased from 605 to 10,997 and the number of rural PrEP prescribers increased from 456 to 4935 from 2014 to 2020. The estimated annual percent change was higher in EHE rural states than in non-EHE rural states. In EHE states, although 55% of rural PrEP prescribers were physicians and 42% were nurse practitioners or physician assistants (NP/PAs), NP/PAs served more than two-thirds of rural PrEP patients in 2020. Using the same prescription database, Islek and colleagues reported on prescription patterns for brand and generic PrEP medications in the United States (Abstract 833). Among 240,409 persons prescribed PrEP between October 2020 and March 2021, 44% were prescribed brand tenofovir alafenamide/emtricitabine (TAF/FTC), 33% generic TDF/FTC, and 22% brand TDF/FTC. The proportion of PrEP users prescribed brand TDF/FTC decreased from 37% to 19% and those prescribed generic TDF/FTC increased from 17% to 33% during this period. Women were less likely to be prescribed TAF/FTC or generic TDF/FTC vs brand TDF/FTC than men. Black and Hispanic individuals were less likely to be prescribed generic TDF/FTC versus brand TDF/FTC; however, they were more likely to be prescribed TAF/FTC versus brand TDF/FTC than White individuals. Additionally, compared with the privately insured,
those with public insurance or who paid cash were less likely to be prescribed TAF/FTC versus brand TDF/FTC, or generic TDF/FTC versus brand TDF/FTC. Also using the IMS Health Quintiles VIA (IQVIA) database, Huang and colleagues reported on trends in out-of-pocket payments for PrEP drugs in the United States from 2019 to 2021 (Abstract 832). Under the Patient Protection and Affordable Care Act, most health plans were required to offer PrEP to beneficiaries without copays beginning in January 2021. The mean total payments per 30 tablets of PrEP decreased from $1687 in 2020 to $1365 in Quarter 1 to Quarter 3 2021 due to more use of generic TDF/FTC. Similarly, the mean payment per month among cash payers decreased from $1725 in 2020 to $839 in 2021.

Neilan and colleagues evaluated use of sexual health clinic services among adolescents and young adults in metropolitan Boston, Massachusetts (Abstract 829). Between January 2019 and June 2021, there were nearly 8000 visits seen, of which 78% were among male patients, 50% were among White patients, and 20% were among uninsured patients. Current PrEP use was lower among Black patients (RR, 0.88; 95% CI, 0.81-0.96), those with 1 to 5 sexual partners (RR, 0.67; 95% CI, 0.63-0.72), and 6 to 10 partners (RR, 0.83; 95% CI, 0.78-0.89) than among those with more than 10 partners in the past year. Among female individuals, age 26 years or younger versus older than 26 years was associated with a 76% decrease in current PrEP use among those with an indication. Using the 2021 PrEP guidelines, which broadened PrEP indications led to a 28% increase in visits with PrEP indications overall, with 33% of visits indicated under 2017 PrEP guidelines versus 61% of visits under 2021 guidelines, which increased similarly across age groups. Although use of sexual health clinical resources (eg, HIV or STI testing, preventive vaccines, or PrEP) did not differ by age, preventive vaccinations (hepatitis A and B virus, human papillomavirus) were lower among the uninsured.

Hill and colleagues evaluated PrEP indications and PrEP knowledge, access, and interest among 314 individuals with hepatitis C virus (HCV) infection in Washington, DC, and Baltimore (Abstract 837). Overall, 109 (35%) had an indication for PrEP, of whom 45% had a drug use indication, 36% had a sexual indication, and 19% had both a drug use and sexual indication. Only 27% were aware of PrEP, 10% had ever been offered PrEP, and 2% were taking PrEP. Interest in PrEP was reported in 38% of participants and was associated with self-perception of HIV risk and study site. PrEP awareness was associated with study site, race, age, and sexual PrEP indication on bivariate analyses; however, only study site remained significant in the multivariable regression analysis. Additionally, past offer of PrEP by a clinician was associated with study site, highlighting the substantial variability in PrEP access by location of health care utilization.

Veloso and colleagues reported on long-term PrEP engagement among MSM and transgender women in Latin America (Abstract 838). Among 9509 participants enrolled in the ImPrEP Study, a large PrEP implementation study in Brazil, Mexico, and Peru, 87% completed 52 weeks of follow-up at the time of analysis. Of these 8279 participants, 69.8% showed long-term PrEP engagement, defined as attending the week 4 visit and 2 quarterly visits within the first year of follow-up visits. Engagement was higher in Brazil (81%) than in Mexico (68%) and Peru (51%), and lower among transgender women, participants younger than 35 years old, and those with lower educational attainment. Participants reporting more than 10 sexual partners and those who self-reported complete PrEP adherence at the week 4 visit had higher long-term PrEP engagement. The HIV incidence rate was 0.85 per 100 person-years in the overall cohort and was higher among participants from Peru (2.62/100 person-years), transgender women (1.97/100 person-years), and those aged 18 to 24 (1.94/100 person-years).

Zeballos and colleagues presented data on PrEP discontinuation among adolescent PrEP users in Brazil (Abstract 843). Among 1146 participants who started PrEP in PrEP1519, the first PrEP demonstration study among adolescent MSM and transgender women in Brazil (Abstract 843). Among 1146 participants who started PrEP in PrEP1519, the first PrEP demonstration study among adolescent MSM and transgender women in Latin America, 22% were 15 to 17 years old, 92% were MSM, and 70% self-identified as Black or Brown. Over the study period, 54% were persistent PrEP users, and almost half discontinued...
PrEP (47%). In a multivariate analysis, the risk of PrEP discontinuation was higher among adolescent transgender women than in MSM (aHR, 1.64) and among those with medium (aHR, 1.68) and low-risk (aHR, 1.31) perception for HIV infection, than in those with high-risk perception.

**Strategies to Improve PrEP Linkage, Uptake, and Delivery**

Kimball and colleagues evaluated the effects of PrEP navigation on linkage to a PrEP prescriber among US MSM in the THRIVE demonstration project (Abstract 835). Among 1355 PrEP-eligible MSM who used PrEP navigation from 3 THRIVE sites, 48% linked to a PrEP prescriber, compared with only 3% linked to PrEP among MSM who did not use navigation. Overall, MSM who used PrEP navigation were 16.7 times more likely to link to a PrEP prescriber than those who did not use navigation; Black MSM, Latinx MSM, and White MSM who used navigation were 18.4 times, 8.8 times, and 18.9 times more likely to link to a PrEP prescriber, respectively.

Zucker and colleagues presented results of the Get2PrEP3 randomized controlled trial of clinician messaging to improve linkage to PrEP services (Abstract 917). Within a university medical center in New York, 191 patient visits with a positive STI test were randomly assigned to a clinician message sent via email, clinician message sent via the electronic medical record, or standard of care (no message). Messages highlighted the patient’s recent STI, PrEP candidacy, and local PrEP resources, including information for referrals. Patients whose clinicians received any message were 7% (95% CI, 1.01-1.14) more likely to have a PrEP discussion or referral documented 1 to 4 weeks after the patient’s visit. Future studies will evaluate whether sending an electronic medical record message directly to the patient can increase the provision of HIV prevention services among patients with a positive STI test.

Ngure and colleagues presented results from a randomized trial of 6-month PrEP dispensing supported by interim HIV self-testing (HIVST) to improve PrEP delivery in Kenya (Abstract 146). Participants were randomly assigned 1:1:1 to receive 6-month PrEP dispensing with blood-based HIVST and biannual clinic visits; 6-month PrEP dispensing with oral-fluid HIVST and biannual visits; or 3-month PrEP dispensing with clinic-based testing at quarterly visits. Among 495 participants enrolled, 165 men and 130 women were in serodifferent relationships, and 200 women were not in a known serodifferent relationship. At 6 months, the combined 6-month PrEP and HIVST arms were noninferior to the 3-month PrEP and clinic-based testing arm for HIV testing (83% vs 84%, respectively; risk difference [RD] −1.2%), PrEP refills (78% vs 81%, respectively; RD, −2.6%), and PrEP adherence defined as having any TFV-DP detected (61% vs 57%, respectively; RD, 2.4%). In subgroup analyses, findings were similar across groups; however, women not in known serodifferent couples had higher PrEP adherence in the 6-month PrEP and HIVST arm than those in the 3-month PrEP and clinic-based testing arm (51% vs 31%, respectively; RD, 20%). These findings suggest that HIVST to support PrEP continuation can enable new models of community-based PrEP delivery requiring less frequent contact with the health care system. In the same study, Mogere and colleagues evaluated the ability of PrEP users to interpret HIVST results (Abstract 817). Participants received HIVST training with a clinician at enrollment and were asked to interpret preprinted colored images of blood-based or oral fluid HIVST results at the 6-month visit. Correct interpretation of blood-based and oral fluid results was 92% and 88%, respectively, for strong HIV-positive results, 77% and 96%, respectively, for strong HIV-negative results, 87% and 88%, respectively, for invalid test results, and 50% and 55%, respectively, for weak HIV-positive results. The researchers recommend additional research to understand strategies to support accurate interpretation of HIVST results in the setting of community-delivered PrEP.
Ortblad reported findings from a pilot study of pharmacy-based PrEP initiation and refills in Kenya (Abstract 928). In this model, trained pharmacists asked clients purchasing services that indicated potential HIV risk (eg, emergency contraception, STI treatment) if they had ever considered taking PrEP, screened interested clients for HIV risk, counseled them on PrEP safety, and prescribed and dispensed PrEP with support from a remote clinician. From November 2020 to October 2021, pharmacists screened 575 clients and started 287 (50%) on PrEP. Among those who initiated PrEP, median age was 26 years, 43% were female, 38% were married, 84% had a partner of unknown HIV status, 72% reported inconsistent condom use, and 53% reported numerous sexual partners. PrEP continuation, defined as returning to their follow-up visit and refilling PrEP, was 53%, 36%, and 21% at months 1, 4, and 7, respectively. These findings suggest that populations at HIV risk frequently visit retail pharmacies and that PrEP initiation and continuation at pharmacies is similar to or exceeds that observed at public clinics in Kenya.

Heffron and colleagues evaluated PrEP uptake in a stepped-wedge cluster randomized trial of integrating PrEP into 12 public ART clinics in Uganda (Abstract 927). Among 1381 HIV serodifferent couples enrolled, median age was 28 years, 78% of couples were married, and 62% of partners with HIV were women. Among partners without HIV enrolled after PrEP launch in their clinic, 81% initiated PrEP within 90 days of enrolling. Of partners with HIV, there was no statistically significant difference in the frequency of viral suppression at 6 months during the control and intervention periods (81.9% vs 76.7%, respectively; RR, 0.94; 95% CI, 0.82-1.07).

Beauchamp and colleagues developed and evaluated a tool to assess HIV prevention readiness among AGYW in South Africa and Zimbabwe (Abstract 842). In the HPTN 082 open-label oral PrEP demonstration study, 451 AGYW were administered the HIV Prevention Readiness Measure (HPRM), a 25-item tool to assess PrEP readiness with components on connection with care, medication beliefs, disclosure, and support. The HPRM score and individual factors (self-efficacy, PrEP disclosure, and social support) demonstrated good reliability and predicted higher TFV-DP concentrations in dried blood spot tests. Additionally, PrEP disclosure predicted higher odds of persistent adherence at 3 and 6 months (OR, 1.53; 95% CI, 1.04-2.23; P=.03), suggesting that interventions that support disclosure to trusted others may increase adherence.

To facilitate immediate oral PrEP initiation, Heck and colleagues evaluated the frequency of renal dysfunction among young women initiating PrEP in South Africa (Abstract 922). Among 319 young women screened for an oral PrEP demonstration project in KwaZulu-Natal, South Africa, no cases of abnormal renal dysfunction were detected, and 229 enrolled. Of the 90 women who did not enroll, 60% did not return to the study, possibility indicating a loss of motivation. Among 31 women who had detectable drug levels at month 3, the mean creatinine clearance level declined 7.5% from 158 to 145 mL/min between screening and month 3, which was not considered clinically significant. These findings highlight that immediate oral PrEP initiation prior to creatinine clearance level confirmation is a safe option for young women.

Kohler and colleagues presented results of a randomized trial of patient actor training to improve PrEP services for AGYW in Kenya (Abstract 915). In this cluster randomized trial at 24 PrEP sites, 94 health care clinicians participated in a 2-day training that included role-play encounters with standardized patient actors, and the quality of PrEP counseling was measured using unannounced patient actors among 232 consenting clinicians. The mean quality score was 74% at intervention sites and 57% at control sites; mean adherence to PrEP guidelines was 57% at intervention sites and 36% at control sites, and mean communication scores were 90% at intervention sites and 81% at control sites (all P<.001).

An Interactive Session focused on what it will take to increase PrEP and postexposure prophylaxis (PEP) use in AGYW (Interactive Session 5). Despite a slow start to PrEP scale-up, Baggaley highlighted that PrEP recommendations are now included in the guidelines for most countries in Africa. Despite the
challenges with COVID-19, data suggest there were 1.5 million PrEP users in 2021 across 9 African countries, and in Eastern and Southern Africa, more than 70% of PrEP users were women. Although most countries have not reported age and sex of PrEP users, Global AIDS Monitoring data indicate that there were more than 12,000 PrEP users aged 15 to 19 years across 14 countries in Africa. To increase PrEP use for AGYW, she emphasized the need for positive messaging designed by women in their communities to increase awareness; understanding and adapting to AGYW’s PrEP journey (including stopping and restarting PrEP and switching regimens); and offering differentiated and simplified PrEP services, including reducing the burden of laboratory monitoring, using HIV self-testing, and providing virtual support. Additionally, she recommended integrating PrEP delivery into sexual reproductive health services, including family planning clinics and antenatal and postnatal services. Baggaley discussed that new PrEP products providing increased choice could increase acceptability and demand for PrEP, but that implementation science research is crucially needed to optimize delivery and support choice among AGYW. The dapivirine ring is a safe product that offers the potential for community-based delivery outside of clinical settings, including through pharmacies, and CAB-LA could help address adherence challenges with oral PrEP among youth. Finally, she pointed to the low community and clinician awareness and limited availability of PEP, and called for a “rethink” of how to make PEP more accessible in the community, such as through the use of HIV self-testing before starting PEP, virtual support platforms, and facilitating transitions from PEP to PrEP.

Aieko shared experiences implementing a patient-centered PEP program across 5 rural communities in Kenya and Uganda (Interactive Session 5). He highlighted the need for prevention options for individuals with unanticipated, periodic, high-risk exposures. Following community sensitization and training for health care leaders and clinicians, they launched a PEP package available 7 days per week and included a client hotline and options for out-of-facility medication delivery. In a pilot study conducted between December 2018 and May 2019, 124 people sought PEP; one-third were male, one-fourth were under 25 years of age, and 41% were fisherfolk. Additionally, 20% of participants reported an exposure with a serodifferent partner, 72% were with a new or existing partner, and 7% were from transactional sex. Overall, 12% of visits were conducted at out-of-facility sites, and 35% of participants had at least 1 out-of-facility visit. At the 4-week visit, 97% were retained, 88% were adherent, and 95% were tested for HIV, with no serious adverse events or seroconversions reported in the study. These findings suggest that patient-centered approaches with flexibility to enhance convenience can improve engagement in PEP services.

Naidoo presented on experiences with PrEP implementation in AGYW as part of the DREAMS (Determined, Resilient, Empowered, AIDS-free, Mentored, and Safe) program in South Africa (Interactive Session 5). She highlighted the importance of using a variety of strategies to drive demand and uptake of PrEP among AGYW, including mobile van outreach, HIV prevention ambassadors in the community, learner support agents within schools who advocate for PrEP and sexual reproductive health implementation, collaboration with community-based organizations, and leveraging community radio and social media. She described collateral benefits of integrating PrEP with sexual reproductive health services, including addressing the numerous burdens of disease among young people, including STIs, violence, unplanned pregnancy, and poor mental health through a holistic service delivery approach. They have implemented a school-based model in South Africa that has increased access to HIV prevention and sexual reproductive health services in this setting, leading to significant uptake of contraception and PrEP, high rates of STI screening, and better PrEP continuation. PEP provision has been limited based on supply chain issues, particularly for community-based models of service delivery.

Matambanadzo described experiences implementing PrEP among young women who sell sex in Zimbabwe (Interactive Session 5). She pointed to the rapid rise in HIV prevalence among young female sex workers, increasing from 2% at age 16
years to 27% by age 19 years and 52% by age 24 years. Common barriers to PrEP uptake and continuation in this population include the burden and cost of frequent clinic visits, daily pill burden, stigma from health workers and messaging for PrEP as only for “certain high-risk groups,” confusion between PrEP and ART, associated HIV stigma, and low HIV risk perception. Additionally, programming and messaging have not accommodated transitions in and out of PrEP, and there has been a lack of support within the community for PrEP adherence and continuation. Despite COVID-19 disruptions, efforts to scale up PrEP in this population through differentiated service delivery have led to a 4-fold increase in PrEP initiations among female sex workers ages 16 to 24 years in Zimbabwe in 2020, and 70% of PrEP initiations in 2021 were among those under the age of 29 years. Several strategies that have increased motivation and use of PrEP include having sex workers lead PrEP education efforts; increasing the number of PrEP access points, including drop-in centers and home-based PrEP services; engaging PrEP champions and ambassadors to support demand creation and adherence through PrEP refill groups; linking mobile sex workers to PrEP; scaling up telehealth and virtual peer support; and integrating PrEP as part of a one-stop shop with family planning and STI services. Future efforts will include exploring pharmacy-based PrEP distribution, intensifying sexual gender-based violence prevention and support, and exploring PrEP dispensation by non-clinical microplanners.

Modeling the Impact and Cost-effectiveness of PrEP

Balasubramanian and colleagues projected the impact of expanded long-acting injectable PrEP use among MSM on local HIV epidemics in the United States (Abstract 916). Using the Johns Hopkins HIV Economic Epidemiological Model (JHEEM) in 32 high-priority urban areas in the United States, they projected HIV incidence among MSM from 2020 to 2030 under a range of interventions that increase PrEP uptake by 10% or 25% above baseline levels with either long-acting injectable PrEP or oral PrEP. In the absence of any intervention, baseline levels of oral PrEP use led to a projected reduction in HIV incidence of 19% (95% CI, 1%-36%). At 10% additional PrEP uptake, the reduction in HIV incidence ranged from 33% with all oral PrEP to 36% with all long-acting injectable PrEP. At 25% additional uptake, incidence reductions ranged from 50% with all oral PrEP to 55% with all long-acting injectable PrEP. A greater reduction in HIV incidence was observed between uptake levels rather than between oral and long-acting injectable PrEP, suggesting that the greatest potential impact of long-acting injectable PrEP is in expanding total PrEP uptake in conjunction with oral PrEP. As potential effects varied by city, strategies to expand PrEP use should account for local dynamics.

Also using the JHEEM model, Schnure and colleagues compared the benefits of prevention and care continuum interventions on HIV incidence in Baltimore (Abstract 830). The investigators projected the impact of 4 interventions scaled up from 2023 to 2027: increased PrEP use, improved linkage to care for newly diagnosed people with HIV, increased retention among people living with HIV in care, and improved viral suppression among unsuppressed people with HIV in care. Overall, HIV incidence can be reduced by 73% in Baltimore by combining PrEP (25% coverage) with 95% levels of linkage, retention, and viral suppression. About one-third of this effect was achieved when targeting young Black and Hispanic MSM, one-third by expanding to all MSM and PWID, and one-third by expanding to the full population. Overall, improvements in PrEP coverage and retention in HIV care had the largest individual effects.

Stansfield and colleagues modeled the benefits from using on-demand oral PrEP by MSM in the United States and Thailand (Abstract 836). Using data from the HPTN 067 study, the investigators simulated HIV risk reduction in 2 synthetic cohorts of 10,000 MSM prescribed PrEP in Harlem and Bangkok. They assigned PrEP either using a trial-based analysis, in which on-demand PrEP was assigned if determined to be optimal based on higher effectiveness and fewer pills, and an implementation analysis, in which on-demand PrEP was assigned if daily PrEP adherence was fewer than 3.5
pills per week. On-demand PrEP was assigned for 36% (Harlem) and 30% (Bangkok) of individuals in the trial-based analysis and 30% (Harlem) and 11% (Bangkok) in the implementation analysis. Mean effectiveness increased by 18% (Harlem) and 7% (Bangkok) in the trial-based analysis, and 20% (Harlem) and 34% (Bangkok) in the implementation analysis. Overall, on-demand PrEP was optimal mainly for MSM with low adherence to daily PrEP, with little advantage to assigning on-demand PrEP based on sex frequency.

Amick and colleagues reported on the cost-effectiveness of oral PrEP among young MSM in the United States (Abstract 831). They used the Cost-Effectiveness of Preventing AIDS Complications model to simulate the ATN (Adolescent Trials Network) 110/113 PrEP study populations and compare annual HIV screening alone and generic or branded PrEP with quarterly screening. Compared with annual screening, generic PrEP would increase the Quality Adjusted Life Years (QALYs) from 8.37 to 8.42, reduce HIV infections from 40% to 35%, and decrease costs by $14,000 over 10 years. Generic PrEP would be cost-saving at HIV incidences off PrEP of 2 or greater per 100 person-years over 10 years and 0.5 or greater per 100 person-years over a lifetime. With branded PrEP, costs would increase by $15,000 over 10 years resulting in an incremental cost-effectiveness ratio of $318,000/QALY over 10 years, but would be cost-saving over a lifetime. Despite low retention and adherence observed in ATN 110/113, these findings suggest that PrEP would be cost-saving compared with annual HIV screening alone when implemented in a population of young MSM at high risk of HIV infection.

Postexposure Prophylaxis
Fox and colleagues presented the results of a randomized controlled trial of a self-start home PEP program among 139 MSM in the United Kingdom (Abstract 849). Participants were randomly assigned to immediate or deferred (after 48 weeks) provision of a 5-day PEP starter pack of TDF/FTC/maraviroc to keep at home and self-initiate if required. During the first 48 weeks of the study, the median time from exposure to the first dose was 7.6 hours for the immediate arm versus 28.5 hours for the deferred arm (P<.01). The most common reason for taking PEP was receptive anal sex with a man of unknown HIV status, reported in 81% of cases. Uptake of PEP was appropriate in 29/33 cases. The deferred arm had almost double the number of missed opportunities for PEP uptake compared with the immediate arm (474 vs 268, respectively; P=.625). Home PEP was well tolerated, and there was no change in the number of condomless anal sex acts in the prior 3 months in either arm. One participant in the deferred arm acquired HIV; this participant had ongoing HIV exposure and had been advised to start PrEP. These findings suggest that providing home PEP starter packs may be a valuable HIV prevention tool and could be incorporated into HIV prevention guidelines.

Male Circumcision
Zewdie and colleagues evaluated the HIV protective effects of traditional and medical circumcision in the HPTN 071/PopART (Population Effects of Antiretroviral Therapy to Reduce HIV Transmission) study (Abstract 87). In this cluster randomized trial, study communities were randomly assigned to the
full PopART intervention including immediate ART, the PopART intervention with ART initiation according to current national guidelines, or standard of care, with referral for medical male circumcision included in the 2 PopART intervention arms. Among 10,803 HIV-negative men with self-reported circumcision status included in this analysis, 56% were uncircumcised, 26% were traditionally circumcised, and 18% were medically circumcised. Overall, 83% of men who reported being medically circumcised were from Zambia, and 90% of men who reported traditional circumcision lived in South Africa. HIV incidence among those who were medically circumcised was 0.31 per 100 person-years, among those traditionally circumcised was 0.94 per 100 person-years, and among the uncircumcised was 0.97 per 100 person-years. Although the risk of HIV for medically circumcised men was 70% lower than those uncircumcised (aHR, 0.30; 95% CI, 0.16-0.55), there was no difference in the risk of HIV acquisition for traditionally circumcised versus uncircumcised men (aHR, 0.84; 95% CI, 0.54-1.31). Uptake of medical male circumcision was 11% in PopART communities, with an adjusted rate ratio in the PopART communities compared with standard of care of 1.10 (95% CI, 0.82-1.50; P=.48), indicating a nonsignificant 10% higher uptake of medical circumcision in communities randomly assigned to the PopART intervention. Although traditional circumcision is practiced as a rite of passage to adulthood in many South African communities, these results suggest that medical male circumcision may offer increased HIV prevention in men who are traditionally circumcised.

**HIV Monoclonal Antibodies and Vaccines**

Sobieszczyk and colleagues presented data from the HVTN 130/LPTN 089 study of broadly neutralizing antibodies (Abstract 81). This study evaluated intravenously administered VRC07-523 coadministered with PGDM1400, PGT121, or 10-1074 in HIV uninfected adults; 1 arm of this 27-person study included 3 antibodies (VRC07-523, PGDM1400, and PGT121). The antibodies were well tolerated, with no serious adverse events and no unexpected reactions. The antibodies maintained their neutralization in serum after administration, with no evidence of PK interactions between antibodies. The greatest neutralization breadth was achieved with the triple combination administration. Mahomed and colleagues presented data on a phase I trial of subcutaneously administered VRC07-523LS and PGT121 (Abstract 856). The 2 antibodies were administered alone and in combination, compared with a placebo injection in 45 women, aged 18 to 40 years, in South Africa. The most common reactogenicity events were injection site tenderness and headaches, and of the 9 adverse events designated as related (proteinuria, elevated alanine aminotransferase and aspartate aminotransferase) were mild and transient. Both antibodies retained neutralizing activity postadministration and no antidrug antibodies were detected. The PK data suggest that the subcutaneous administration of VRC07-523LS is appropriate at 16 weeks to 24 weeks, while shorter intervals (less than 8 weeks) are appropriate for PGT121. These antibodies continue to be assessed for their HIV prevention potential.

Feinberg gave an excellent plenary talk on the past, present, and future of HIV vaccines (Abstract 117). He pointed out that although we have highly effective prevention and therapy with antiretroviral drugs, we did not meet the UNAIDS 2020 goal of having fewer than 500,000 new HIV infections globally; instead, there were 1.5 million new infections worldwide in that year. There is a risk that the number of new infections could actually worsen over time because of issues like the youth bulge in sub-Saharan Africa (raising the absolute number of new infections, if incidence remains stable), service interruption due to COVID-19, an increased number of people needing therapy, and the risk of increasing ART resistance. An HIV vaccine could be a major contributor to reducing new HIV infections. He also pointed out why the features of HIV make developing an HIV vaccine so much more difficult than developing a COVID-19 vaccine, including much greater viral diversity, more glycosylation shielding immunologic targets, and the difficulties in generating broadly neutralizing antibodies against HIV. He
pointed out that we are moving from an era in which an empirical approach was taken to developing a vaccine (testing approaches and only determining correlates of protection after demonstrating efficacy), to a rational design approach (identifying a correlate and then working backwards to develop the vaccine that generates that immune response). He noted that of 6 HIV vaccine efficacy trials to date, only 1 vaccine showed marginal protection, and the most recent completed efficacy trial (HVTN 705, described below), failed to find significant efficacy. He pointed out that the AMP trials of broadly neutralizing antibodies showed substantial protection for the subset of participants exposed to virus sensitive to the antibody, proving the principle that broadly neutralizing antibodies are a mechanistic immune correlate of protection, and should be the target of future HIV vaccine efforts. He went on to describe a number of approaches to developing such a vaccine through reverse engineering.

Gray and colleagues presented data from the HVTN 705 Imbokodo vaccine phase IIb trial (Abstract 121). They pointed out that in 2020, 25% of new infections in sub-Saharan Africa occurred in women 15 to 24 years of age, pointing to tremendous HIV prevention need for this population. The Imbokodo study enrolled 2637 women aged 18 to 35 years in 5 sub-Saharan African countries; participants were randomly assigned 1:1 to either a combination of an adenovirus type 26 (Ad26) vectored mosaic vaccine with a clade C gp140 vaccine or a placebo injection, administered at 4 different time points over 12 months. The vaccines were relatively well tolerated, and there were no serious adverse events related to study product and no cases of thrombocytopenic thrombosis, as has been described in Ad26 COVID-19 vaccines using the same vaccine backbone. Overall efficacy was 25.2% (95% CI, −10.5% to 49.4%; \( P=.14 \)). As the lower bound of the 95% CI was less than zero, this trial was not continued. However, the HIV incidence in both the vaccine (3.6/100 person-years) and placebo (4.3/100 person-years) groups shows the tremendous need for highly effective prevention strategies for this population of young women in sub-Saharan Africa.

COVID-19 Epidemiology

Justman and colleagues presented data from the COMPASS (Community Prevalence of SARS-CoV-2 Study) investigation, a SARS-CoV-2 seroprevalence survey conducted in the first half of 2021 of 22,667 adults and children in 15 sites throughout the United States (Abstract 46). They found overall SARS-CoV-2 seroprevalence of 2.4%, and polymerase chain reaction (PCR) positivity on a nasal swab of 0.8%. Seropositivity was similar for adults and children. Overall, 55.8% of persons who were PCR positive stated they were asymptomatic, and 51.3% of seropositives reported that they had not had previous symptoms of COVID-19, pointing out the limitations of case-based reporting for identifying SARS-CoV-2 infections. COVID-19 vaccine willingness was 78% overall, and did not differ by sex or race/ethnicity, but persons over 60 years of age were significantly more likely to report willingness to receive a COVID-19 vaccine.

Simbayi and colleagues reported the results of a national household SARS-CoV-2 seroprevalence survey in people ages 12 years and older in South Africa from November 2020 to June 2021 (Abstract 753). Overall seroprevalence was 19.6%, which translates to an estimated 8.7 million persons previously infected, 5.1 times higher than the number of cases reported. Seropositivity was higher among females (aOR, 1.44) and persons with hypertension (aOR, 1.28) and was lower among persons 18 to 35 years of age (aOR, 0.69) than among those 12 to 17 years of age. There was substantial geographic variability, with particularly high rates in rural areas. These data emphasize the need to get vaccines to the broader population, including adolescents.

Momplaisir and colleagues reported on racial/ethnic and neighborhood social vulnerability disparities in COVID-19 outcomes in the University of Pennsylvania Health System from March 2020 to March 2021 (Abstract 751). Overall, 225,129 unique individuals were entered into their system, of whom 7% had a positive test, and 20% of these were hospitalized. Across the study period, they found that racial/ethnic minorities and residents of medium or high social vulnerability areas had significantly higher
odds of testing positive for and hospitalizations with COVID-19 than non-Hispanic White individuals. These disparities were particularly acute in the first wave of the pandemic (March 1, 2020, through June 30, 2020), when the odds ratios for testing positive were 2.8 for Black individuals, 4.2 for Hispanic individuals, 1.6 for Asian individuals, 2.3 for high social vulnerability index individuals, and 1.1 for medium vulnerability index individuals. The odds ratios for hospitalizations during the first wave were 1.7 for Black individuals, 1.8 for Hispanic individuals, 1.6 for Asian individuals, and 1.3 for high social vulnerability index individuals. Although there were no significant disparities in 30-day in-hospital mortality among racial/ethnic groups during the first wave, there was higher mortality among Hispanic persons (OR, 1.7) and Asian persons (1.6) during the subsequent wave (July 1, 2020, through March 1, 2021). Rowan and colleagues evaluated the association between environmental factors and COVID-19 hospitalizations in the Metro Denver area (Abstract 752). They found that living in an apartment (aOR, 1.2), in areas with higher levels of fine particulate matter (PM, 2.5) (aOR, 1.35), percent overcrowding (aOR, 30.18), percent housing burdened (aOR, 1.4), and higher transit scores (aOR, 1.01) were independent risk factors for hospitalization when controlling for race/ethnicity, income, sex, age, social vulnerability index, and medical risk factors. The authors concluded that COVID-19 disease severity may be worsened by environmental features around a person’s home.

Kronfli and colleagues presented data on SARS-CoV-2 seroprevalence and risk factors among incarcerated adult men in 3 provincial prisons in 2021 (Abstract 750). Overall, 22% tested positive, with differences by prison (ranging from 15% to 27%). In a Poisson regression model, independent risk factors for SARS-CoV-2 seroprevalence were being incarcerated most (50%-99%) or all of the time since March 2020 (aPR, 1.47 and 2.17, respectively), being employed during incarceration (aPR, 1.64), consuming meals with cellmates or in a sector (aPR, 1.46 and 1.34, respectively), and having been screened postprison outbreak (aPR, 2.32). The authors call for decarceration and occupational safety measures, individual meal consumption, and enhanced infection prevention and control measures, including vaccination during incarceration.

Akelo and colleagues reported on adverse pregnancy outcomes associated with COVID-19 infection in western Kenya (Abstract 671). Between August 2020 and August 2021, they enrolled 1688 pregnant women, and had pregnancy follow-up appointments for 998 women. Over follow-up appointments, 169 (22%) tested positive for SARS-CoV-2. Very low birthweight (under 1500 grams) was more common among women diagnosed with COVID-19 (aRR, 4.78; 95% CI, 1.11-20.49), as was very preterm birth (under 34 weeks; aRR, 2.57; 95% CI, 1.34-4.90), and preterm birth (under 37 weeks; aRR, 1.54; 95% CI, 1.03-2.29). There was no association of COVID-19 diagnosis and hypertensive disorders of pregnancy, pre-eclampsia, stillbirth, and perinatal deaths. Nachega and colleagues presented data on the impact of SARS-CoV-2 infection on outcomes in pregnant women compared with nonpregnant women in 22 health facilities in 6 sub-Saharan African countries from March 1, 2020, to March 31, 2021 (Abstract 672). In this study, pregnancy was associated with an increased risk for intensive care unit (ICU) admission (aRR, 2.38; 95% CI, 1.42-4.01), oxygen supplementation (aRR, 1.86; 95% CI, 1.2-3.35), and in-hospital death (adjusted sub-hazard ratio 2.0; 95% CI, 1.08-3.70). These studies point to the hazards for mothers and infants of SARS-CoV-2 infection during pregnancy, and to the need to reach women of childbearing potential with COVID-19 vaccines.

Begnel and colleagues presented data on the risk of SARS-CoV-2 infection among postpartum Kenyan women and their infants (Abstract 670). SARS-CoV-2 incidence in 205 mothers was 3.0 cases per person-days with no significant difference between those with and without HIV infection, and 1.2 cases per person-days among 178 infants, with no difference between those exposed and unexposed to HIV. Antibody responses waned over 6 months in mothers and infants, suggesting continued preventive measures are needed while vaccine coverage expands in Kenya.
Overton and colleagues presented data on the proportion of SARS-CoV-2 infections that were asymptomatic among people with HIV in the REPRIEVE (Randomized Trial to Prevent Vascular Events in HIV) trial (Abstract 746). Among 2464 participants who had samples available for SARS-CoV-2 serology testing from May 2020 to February 2021, the investigators found the cumulative incidence increased from zero cases in May 2020 (0%) to 318 cases (12.9%) by February 2021. Of these, they estimated that 60% were asymptomatic, higher than has been previously reported among people with HIV and the general population. The relative risk of symptomatic infection was higher for persons with obesity (aRR, 1.59), metabolic syndrome (aRR, 1.3), and reduced HDL-C values (aRR, 1.3), and was lower for persons who were Black than those who were White (aRR 0.72), persons older than 60 years of age than persons ages 40 to 49 years (aRR, 0.79), and persons with higher atherosclerotic cardiovascular risk scores (scores 5 to less than 7.5 aRR, 0.64; scores 7.5-10 aRR, 0.46; compared with scores 0 to less than 2.5). They used these data to remind clinicians to educate patients about the risk of asymptomatic disease and appropriate mitigation strategies.

Möller and colleagues reported on clinical outcomes of all persons hospitalized in Sweden with COVID-19, comparing those with and without HIV infection (Abstract 760). Of 121 persons with HIV and 64,764 persons without HIV hospitalized for COVID-19 from February 1, 2020, to August 31, 2021, there was no significant difference in the likelihood of severe infection (admission to an ICU or 90-day mortality) between people with or without HIV infection after adjusting for age and sex. Neither level of HIV RNA nor current or nadir CD4+ cell count was associated with worse outcomes; however, 93% of the population was virally suppressed, and median CD4+ count was 560 cells/μL. Among persons with HIV, those with at least 1 comorbidity had a 4.3-fold increased odds of severe COVID-19 compared with persons with HIV without comorbidities. These data would suggest no increased risk of severe COVID-19 among hospitalized persons with well-controlled HIV infection.

Del Amo and colleagues evaluated the association of use of TDF and COVID-19 severity among people with HIV at 69 HIV clinics in Spain (Abstract 867). Of more than 51,000 eligible individuals, they saw 2402 documented SARS-CoV-2 infections from February 1 to December 31, 2020. The median CD4+ count of the cohort was over 700 cells/μL. Compared with persons on TAF/FTC, the relative risk of hospitalization, ICU admission, and death for persons on TDF/FTC was 0.66 (95% CI, 0.43-0.91), 0.28 (95% CI, 0.11-0.90), and 0.37 (95% CI, 0.23-1.90), respectively. The relative risks for persons on abacavir/lamivudine was 1.29 (95% CI, 1.02-1.58), 1.39 (95% CI, 0.70-2.80), 2.02 (95% CI, 0.88-6.12), respectively. This expands on their previously published work\(^1\) that suggests that TDF/FTC lowers COVID-19 severity among people with HIV and virologic control, although in the current study this effect was limited to persons aged 50 years and older. However, a systematic review and meta-analysis has found mixed results for the association of tenofovir with COVID-19 diagnosis and disease severity.\(^2\) The authors call for confirmatory randomized trials of TDF/FTC for prophylaxis and early treatment of COVID-19.

Abu-Raddad and colleagues reported on the efficacy of natural immunity against reinfection with the Alpha and Beta variants in Qatar (Abstract 759). They used 2 retrospective matched cohort studies and found protection against reinfection was 96.4% to 97.6% against the Alpha variant and 86.4% to 92.3% against the Beta variant, even a year after primary infection.

### Impact of COVID-19 on HIV and STI Services and Outcomes

Wu and colleagues presented data on HIV testing, diagnoses, and PEP prescriptions before, during, and after lockdown in 7 provincial and municipal centers for disease control and 8 major infectious disease hospitals specialized in HIV care in various regions of China (Abstract 947). They found that lockdown was associated with a 32.8% decrease in HIV testing in January 2020, the first month after lockdown (incidence rate ratio [IRR], 0.67), but increased...
with the ease of restrictions. Daily HIV diagnoses decreased from a median of 50 before lockdown to 23 during lockdown, and to 48 after lockdown. The number of monthly PEP prescriptions decreased significantly during lockdown (IRR, 0.36) and had not recovered by the end of December 2020 (IRR, 0.46). The authors point to the dramatic declines in HIV testing, diagnoses, and PEP prescriptions in the first month of COVID lockdown, which have all gradually rebounded as restrictions eased.

De la Court and colleagues presented data on changes in PrEP uptake and STI incidence in a PrEP demonstration project in Amsterdam during 3 periods post-COVID-19: 1) lockdown (March 15, 2020–June 15, 2020), 2) reopened public spaces (June 16, 2020-September 15, 2020), and 3) restricted public spaces and curfew (September 16, 2020-December 31, 2020) (Abstract 919). They reported the following factors as being associated with increased or unchanged PrEP use compared with decreased or stopped PrEP use: first period, belonging to a COVID-19 risk group (aOR, 0.44; P=.014) and chemsex (aOR, 2.79; P=.001); second period, having increased or unchanged number of sex partners (aOR, 3.84; P=.01); and third period, being worried about COVID-19 infection (aOR, 0.46; P=.02) and chemsex (aOR, 2.19; P=.02). STI incidence was significantly lower in 2020 than 2019 during the first period (IRR, 0.43; 95% CI, 0.28-0.68); there was a nonsignificant increase in STIs in the second and third periods. There were no new HIV infections diagnosed throughout this time. The authors found that changes in PrEP largely paralleled risk behaviors and needs, but that focus should be on stimulating PrEP reuptake and to restore regular STI testing.

Toy and colleagues also reported on declines in PrEP program engagement early in the COVID-19 pandemic in British Columbia, Canada (Abstract 948). Compared with levels in the pre-pandemic quarter (December 2019–February 2020), they report significant declines in monthly HIV antibody testing (P=.017), new PrEP starts (P=.014), gonorrhea and chlamydia testing (P=.012), and syphilis testing (P=.01), with an increase in gonorrhea and chlamydia test positivity (3.1% to 4.4%) during that time (P<.001). By the time of the Delta surge (June 2021–August 2021), compared with prepandemic levels, the number of new monthly HIV diagnoses had increased (17.3 versus 7.0; P=.02), with continued but improved reductions in new PrEP starts (P=.047), gonorrhea and chlamydia testing (P=.045), and syphilis testing (P=.038). Bonett and colleagues reported on trends in STI screening during COVID-19 and missed cases among adolescents in Philadelphia (Abstract 869). At the Children’s Hospital of Philadelphia, monthly STI testing declined
during the pandemic (from 479 to 329), but test positivity increased from a baseline of 12.5% to a peak of 27.5%. They report the proportion of tests performed as asymptomatic testing decreased from a baseline of 72.5% to a nadir of 54.5%, and calculated that they would likely miss diagnosing 23.8% of STI cases.

Fojo and colleagues modeled the potential impact of COVID-19 on the HIV epidemic in 32 US cities (Abstract 943). They assumed that disruptions began on March 1, 2020, with sexual transmission reduced to March 8, 2021, and then rebounded by July 4, 2021. They also assumed that HIV services remained reduced until September 8, 2021, and then normalized by February 4, 2022. Across all cities, simulations projected a decline in HIV incidence and diagnoses, followed by a rebound that lagged 1 to 2 years behind HIV incidence. The projections varied by city, ranging from a median of 3% fewer incident cases in Las Vegas to 9% more HIV infections in Boston post-COVID-19 through 2025. The authors point out that the effects of COVID-19 on HIV transmission are likely to differ substantially at a local level, but that HIV incidence rose more in cities where prepandemic levels of viral suppression were higher.

**COVID-19 Vaccines**

Gray and colleagues presented safety and real world effectiveness data from the Sisonke study of the Janssen Ad26.Cov2.S vaccine, given as a single dose or with a homologous boost at 4 to 6 months among health care workers in South Africa (Abstract 47). Overall, 496,424 health care workers received 1 dose, and 237,981 received a booster dose; 39,386 of the vaccinees were persons with HIV, the largest cohort reported to date. The vaccines appeared safe, although there were 2 episodes of thrombocytopenic thrombosis and 4 cases of Guillain-Barré syndrome seen after 1 dose; these participants did not receive a second dose. Overall vaccine effectiveness after a single dose was 67% against hospitalization, 75% against hospitalization requiring critical care or intensive care, and 83% against death, and these levels were maintained through the Delta variant period. Although effectiveness against hospitalization, with or without requiring critical care or intensive care was maintained among people with HIV, effectiveness against death was lower among people with HIV at only 65%. One to 2 months after 2 doses, the effectiveness against Omicron-related hospitalization was 85%. These results largely confirm what has been reported from the randomized controlled trials of this vaccine, although these are the first effectiveness data on a large cohort of people with HIV.

Sun and colleagues compared the real-world effectiveness of booster doses of vaccine with a primary regimen among persons with and without immune dysfunction in the N3C (National COVID Cohort Collaborative) (Abstract 48). Pulling data from more than 60 clinical centers in the United States, the investigators used data from 784,555 persons who had received full vaccination, among whom 174,042 had also received a booster dose. Among persons without immune dysfunction, the vaccine effectiveness of boosted persons compared with unboosted persons peaked 7 months after full vaccination at 77.4%, waning to 52.1% by 9 months after full vaccination. Persons with immune dysfunction (HIV, solid organ or bone marrow transplant, autoimmune disease, or cancer) who had received a booster had slightly lower vaccine effectiveness, with a peak of 60.2% 7 months after full vaccination, waning to 39.5% by 9 months after full vaccination. Booster doses were also effective against hospitalization (87%), invasive ventilation (91%), and COVID-19–related death (87%). Protection levels were somewhat lower for persons with immune dysfunction: 79% against hospitalization, 75% against invasive ventilation, and 83% against death. Nonetheless, booster doses appeared to be highly effective, particularly against severe disease, for persons with and without immune dysfunction.

Abu-Raddad and colleagues presented data on the infectiousness of breakthrough infections after vaccination and after natural infection among persons in Qatar (Abstract 49). They measured SARS-CoV-2 real-time quantitative reverse transcription cycle threshold, which measures the inverse of viral load and correlates strongly with culturable virus.
They found that the highest cycle threshold values occurred in persons with reinfection, followed by persons who were vaccinated with the Moderna COVID-19 vaccine, followed by persons who were vaccinated with the Pfizer-BioNTech vaccine, followed by persons who had a primary infection. This suggests that natural infection may reduce the viral load by the greatest amount when breakthrough infections occur, followed by Moderna and then Pfizer vaccination, and suggests that vaccination helps not only by preventing infection but may also reduce infectiousness when breakthrough infections do occur.

Fulda and colleagues presented data on the prevalence of COVID-19 vaccination among people with HIV enrolled in the global REPRIEVE trial (Abstract 50). They tracked the proportion of participants with any COVID-19 vaccination from December 2020 through December 2021, and found that 74% of participants had received a COVID-19 vaccine by December 2021. At that time, vaccination rates were highest among Southeast and East Asian participants at 93%, and lowest among sub-Saharan African participants at 48%. Additional disparities were also seen, with higher proportions of White than Black participants receiving COVID-19 vaccines in high-income and Latin American/Caribbean countries, and higher rates of vaccination in men than women. In addition, older participants, participants with a higher body mass index, and participants on ART for a longer period of time were more likely to have received a COVID-19 vaccine. The authors point to the importance of making COVID-19 vaccines accessible to all populations of people with HIV, and suggest using these data to identify those populations with low rates of COVID-19 vaccination.

Tavelli and colleagues also reported on COVID-19 vaccination rates among people with HIV in Italy (Abstract 865). They used medical records to evaluate the vaccination status of more than 3700 people with HIV seen at 1 of 18 clinical centers in Italy from September 19, 2021, to October 8, 2021. Overall, 90.4% had received at least 1 dose and 85.1% had received a full vaccination course. In adjusted logistic regression, factors associated with not being vaccinated were being younger (aOR 1.26 for every 10 years) and being non-Italian native (aOR 1.39), while being virally suppressed (aOR 0.65), not having previously had COVID-19 (aOR 0.68), and being MSM (vs heterosexual; aOR 0.68) were less likely to be unvaccinated. This study identifies persons who may benefit from increased outreach.

Fedeli and colleagues reported on the impact of SARS-CoV-2 vaccination on HIV-1 RNA levels and antibody response among 31 people with HIV (Abstract 941). They found no significant change in HIV-1 RNA levels after mRNA vaccination. They report somewhat lower anti-receptor-binding domain antibody titers up to 6 months after 2 doses of SARS-CoV-2 mRNA vaccination compared with HIV uninfected healthy controls (month 1 $P = .001$; month 2 $P = .012$; month 6 $P = .037$), but no significant difference after a booster dose. They concluded that the vaccines were safe, and elicited good anti-receptor-binding domain antibodies after 2 doses. Wittkop and colleagues presented data on the humoral immune response after COVID-19 vaccination in people with HIV in the ANRS0001S COV-POPART (COVID-19 Vaccine Cohort in Specific Populations) cohort study (Abstract 868). After excluding persons with previous SARS-CoV-2 infection by self-report or serology, they compared 754 people with HIV to 720 controls; 78% of the people with HIV had an undetectable viral load, and 70% had CD4+ counts above 500 cells/μL. Overall, 22 people with HIV were nonresponders to the vaccine (2.9%). Binding (1151 BAU/mL versus 1337 BAU/mL; $P < .01$) and neutralizing antibody titers (159.3 versus 271.8; $P < .01$) were lower in people with HIV than in controls. It is unclear whether this has any clinical implications.

### COVID-19 Testing

Moraleda and colleagues presented on the use of oral saliva swab reverse transcript-polymerase chain reaction (RT-PCR) as a diagnostic test for COVID-19 in children (Abstract 822). They studied 1174 children with a median age of 3.8 years (interquartile range 1.7 years-9.0 years), who presented with fever for 5 or fewer days to an emergency department. Of these, 73 (6.2%) tested positive for COVID-19 by either oral or nasopharyngeal RT-PCR or nasal
RT antigen testing. Using the nasopharyngeal RT-PCR test as the gold standard, the oral saliva RT-PCR swab was more sensitive than the nasopharyngeal antigen rapid test, with sensitivities of 84.8 versus 72.5, respectively. The authors conclude that RT-PCR performed on oral saliva swabs is an accurate option for SARS-CoV-2 testing in children.

Collins and colleagues reported on an evaluation of the case investigation and contact tracing (CI/CT) program in King County, Washington (Abstract 861). Between June 2020 and July 2021, the CI/CT team attempted to contact 87% of COVID-19 cases, and reached 81% of these a mean of 6.1 days after symptom onset and 3.4 days after SARS-CoV-2 testing. In all, the teams interviewed nearly 42,000 cases, helped arrange testing for 5650 contacts, facilitated grocery delivery for more than 7200 households, and referred more than 9100 households for financial assistance. Most survey respondents (81%) stated that they had stayed home during the isolation period, and 69% said that the information and referrals provided by the CI/CT team helped them stay in isolation. The authors concluded that, although many people received their CI/CT outreach after their period of greatest infectiousness, services provided likely helped with adherence to isolation guidelines.

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Planner/reviewer 2 has no relevant financial relationships with ineligible companies to disclose. (Updated on May 12, 2022)

Reviewer 3 has no relevant financial relationships with ineligible companies to disclose. (Updated on April 27, 2022)

All relevant financial relationships with ineligible companies have been mitigated.

Additional References Cited in Text


All abstracts cited in the text appear in the CROI 2022 Abstract eBook, available online at www.CROIconference.org