Sexually Transmitted Infections: Cases from the Clinic(ians)

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Learning Objectives

After attending this presentation, learners will be able to:

- Describe current epidemiology of important sexually transmitted diseases in HIV-infected patients, especially syphilis, gonorrhea and chlamydia
- Know recommended indications for and approach to screening for asymptomatic sexually transmitted infections in HIV-infected patients
- Recognize common clinical syndromes associated with sexually transmitted pathogens in HIV-infected patients

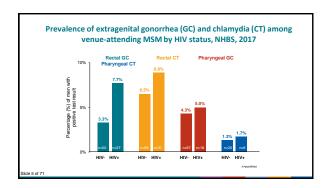
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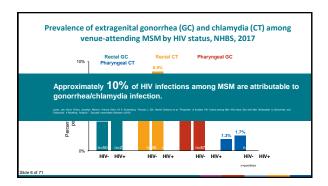
ARS 1: Among men who have sex with men, what percent of gonorrhea or chlamydia infections are missed if only urine is screened?

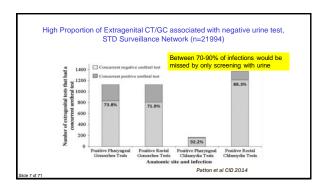
- 1. 0%
- 2. 10%
- 3. 40%
- 4. 70%

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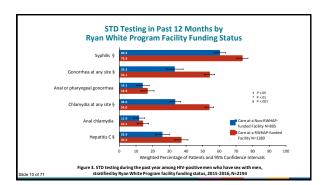
2015 CDC STD Screening Recommendations for MSM with HIV

- Gonorrhea, chlamydia, syphilis
 - During first HIV evaluation
 - At least annually and every 3-6 months if at increased risk
- Gonorrhea and chlamydia at sites of contact regardless of condom use
 - Gonorrhea: urethra, rectum, and pharynx
 - · Chlamydia: urethra, rectum
- Hepatitis C
 - During first HIV evaluation
 - Annually

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Workowski H, Bolan G. 2015, MMWR Recomm Rep 64(No.





STI Self-Testing Program Seattle STD Prevention Training Center	
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Self-collected rectal/pharyngeal STI testing

- Highly acceptable, similar performance compared to clinician-collected specimens
- Self-collection can be performed at laboratory along with blood draw/urine collection or in the exam room before/after the provider visit
- May save patient an office visit
- May save the provider time

Van der helm, 2009, STDDodge, 2012 Sex Health Freeman 2011, STD: Alexander 2008, STI: Moncada 2009, STI

20 yo man referred by a partner "who had syphilis"

- Considers himself healthy, no symptoms
- Two episodes of rectal gonorrhea last year
- Sometimes uses meth on weekends
- 6 partners in last 3 months; receptive/insertive anal & oral sex. Last unprotected sex 12 h ago.
- No information on recent partners' health
- Otherwise healthy, taking no medications
- Rapid HIV Ab test negative today

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Washington,	DC, A	April	29,	201	19

20 yo man referred by a partner "who had syphilis"

- · His physical examination is normal.
- You order syphilis serology (EIA with reflexive quantitative RPR if positive) and screen for gonorrhea in pharynx, urine and rectum; chlamydia in urine and
- Which of the following do you do now?

ARS 2: Which of the following do you do?

- 1. Base future treatment on results of screening tests
- 2. Treat him now with a single injection of BZN PCN 2.4 x 10-6 mu IM
- 3. Treat him now with the first of three weekly injections of BZN PCN 2.4 x 10-6 mu IM
- 4. Give him doxycycline to give to his most recent sex partner

- Penicilli
 - Benza
- No bene
 - Enhar
 - Single
- Penicil
 - Doxyc
 - Azithro
 - Mos

Syphilis Treatment Primary, Secondary, Early Latent	
lin treatment of choice athine penicillin 2.4 mu IM x 1	
efit of additional therapy nced (IM + oral) e vs. 3 weekly injections under study (NCT03637660)	
Ilin alternatives cycline (100 mg BID x 14 days), ceftriaxone (1-2 g daily x 10-14 days)	
omycin 2 gm (A2058G mutation/treatment failure) st common in MSM	
t recommended	

Partner Management in Syphilis

- Sex partners of a person with primary, secondary, or early latent syphilis
- Within 90 days before the diagnosis treat presumptively for early syphilis, even if serologic test results are negative.
- ->90 days before the diagnosis: treat presumptively for early syphilis if serologic test results are not immediately available and opportunity for follow-up uncertain. If serology is negative, no treatment is needed. If serology is positive, base treatment on clinical and serologic evaluation and stage of syphilis.
- Sexual transmission likely occurs only when mucocutaneous syphilitic lesions are present (uncommon after first year of infection).
- Long-term sex partners of persons who have late latent syphilis: evaluate clinically and serologically and treat on basis of findings

Expedited Partner Management?

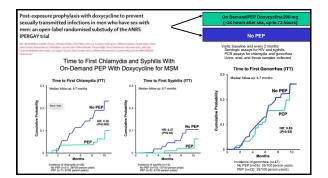
- Expedited partner management is an option for chlamydia & gonorrhea, but not for syphilis
- Safe and effective at reducing reinfection for GC
- Dual therapy (cefixime 400 mg + azithromycin 1 g)
- Consider for trichomonas - Review laws in your state:
- www.cdc.gov/std/ept



Some do not NOT recommend for MSM 5% of MSM with bacterial STI will be diagnosed with HIV

ARS 3: Would you offer him doxycycline post-exposure prophylaxis for STI?

- 1. Yes
- 2. No
- 3. I have no idea, that sounds crazy for more reasons than I have time to discuss



Doxy-PrEP/PEP for Syphilis & Chlamydia?

Pros

- · Effective in early work
- Relatively safe drug
- Chronic use in acne vulgaris
- Easy to administerFew other options for prevention
- Considerable interest among some MSM surveyed, with use already reported (Spinelli 2018)

Cons

- Limited data; duration?
- Costs
- Side effects of doxycycline
 - Esophagitis/ulceration
 Photosensitivity
- Risk compensation?
- · Reproductive concerns (women)?
- Antibiotic resistance*
- Microbiome effects*

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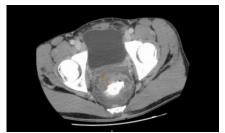
•34 y.o. HIV+ (CD4 200) man w/ rectal discharge, bleeding, pain that first occurred 2 mos prior, off ART

- •Given routine GC, chlamydia, & syphilis treatment
- •Symptoms recur with severe pelvic pain radiating to back
- •Monogamous with male partner; family history of Crohn's disease and colon cancer



Colonoscopy: rectal ulcers with inflammation, friable mucosa; no abscess

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CT scan: Perirectal wall thickening and surrounding inflammatory changes. Limited local lymphadenopathy

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ARS 4: What Would You Do Now?

- Start immunomodulatory therapy to treat for inflammatory bowel disease
- 2. Retreat for gonorrhea assuming infection with fluoroquinolone-resistant strain
- 3. Obtain diagnostic tests for *Chlamydia trachomatis* from rectal mucosa and start doxycycline therapy
- 4. Treat empirically for genital herpes and do nothing else

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Results

- Colon Bx: fibropurulent debris, granulation tissue; special stains-AFB, PAS, Steiner negative
- Rectal swab of ulcer: Chlamydia trachomatis (NAAT); negative for HSV, GC, chancroid, enteric pathogens
- Urine negative for C. trachomatis, GC
- Sent for genotyping to CDC

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Lymphogranuloma venereum

- Caused by L1-L3 serovars of C. trachomatis
- MSM presenting with protocolitis should be tested with rectal NAATs (chlamydia)
 - Additional molecular testing (PCR based genotyping) can be used to differentiate LGV vs. non LGV strains
 - LGV proctocolitis can resemble C. difficile, and be mistaken for inflammatory bowel disease
 - Clinical syndrome of severe protocolitis should receive presumptive treatment (doxy 100 mg bid x 21 d)
 - In addition if painful perianal ulcers or mucosal ulcers (anoscopy) presumptive therapy for herpes
 - CROI 2019: azithromycin 1 g orally weekly x 3 weeks was effective (Blanco no. 1011)

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38 yo man with blurry vision

- Well-controlled HIV, CD4 488 (22%)
- Has had a week or so of increasingly blurry vision in R eye
- No other complaints
- 1 primary male partner, also HIV+, no condoms; occasional outside male partners
- Prior h/o of rectal GC; syphilis EIA negative 6 mo ago
- Normal neuro exam; ophthalmalogic exam unrevealing (undilated pupils)
- You are concerned about ocular syphilis, so you initiate presumptive treatment for neurosyphilis with IV Penicillin (PCN G) and refer him immediately for ophthalmology evaluation

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ARS 5: Assuming it is feasible, would you perform a lumbar puncture?

- 1. Yes
- 2. No

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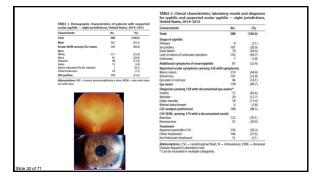
Ocular Syphilis — Eight Jurisdictions, United States, 2014–2015 Sara E. Oliver, MD^{3,2}; Mark Aubin⁵; Leah Arwell, MPH⁵; James Matthias, MPH^{4,5}; Anna Cope, PhD^{5,6}; Victoria Mobbley, MD⁶; Alexandra Goode, MS^{6,7}; Sydney Minnerly, MA⁴; Julier Stodieg, MD⁵; Holdi M. Bauer, MD⁵; Robis R. Hennessy, MPH^{4,10}; Dawne DOries, MPA^{5,10}; Robys Neibler Fanfair, MD⁵; Tamous A. Peterman, MD⁵; Land Markowitz, MD⁵

388 cases

MMWR 11/4/16

- Most among MSM with HIV
- A few among HIV-negative persons, including heterosexual men and women Several resulted in significant sequelae including blindness
- All should be reported within 24 h of diagnosis to Public Health

	Suspected ocular syphilis		Total surveillance syphilis cases		% surveillance syphilts cases with suspected ocular syphilis	
Jurisdiction	2014	2015	2014	2015	2014	2015
California*	48	60	6,238	7,834	0.77	0.77
Florida	10	32	6,030	7,154	0.17	0.45
Indiana*		8		714		
Maryland	10	17	1,524	1,779	0.66	0.96
New York City	14	12	5.798	6.116	0.24	0.20
North Carolina	21	42	1,799	2.415	1.20	0.19
Texas	27	16	7.337	8.400	0.37	0.19
Washington	27	44	857	1,125	1.20	3.90
Total	157	221	29.582	25.547	0.52	0.65



Ocular Syphilis and Human Immunodeficiency Virus
Coinfection Among Syphilis Patients in North Carolina,
2014 2016

Octular Syphilis and Human Immunodeliciency Virus Coinfection Among Syphilis Patents in North Carolina, Coinfection Among Syphilis Patents in North Carolina, Coinfection Among Syphilis Patents in North Carolina, 2014—2016

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Sex Transm Dis. 2019 Feb;46(2):80-85

Syphilitic hepatitis and neurosyphilis: an observational study of Danish HIV-infected individuals during a 13-year period

Sex Transm Infect epub ahead of print: April 2019 doi:10.1136/ sextrans-2018-053921

LP in Syphilis / HIV In Favor CNS involvement in early syphilis is common (40%) & predicted clinical neurosyphilis in the preantibiotic era BZN PCN does not penetrate CNS Syphilis contained by cell-mediated immunity, and may be more severe in HIV NS associated with CD4 <350, serum RPR >1:32 (Marra 2004; Libois 2007) Libois 2007) Against Frequency of serious neurosyphilis low in both untreated syphilis & early syphilis treated with BZN PCN PCN PCN in CNS may not be needed to suppress early CNS invasion Cost & inconvenience of LP

Recommendation: careful evaluation for signs & symptoms, treatment failure

- 16 yr old previously healthy female presented to the dermatologist with facial rash for past 2 months, which started on her arm and spread to her axilla, chest and face
 - Pt was seen by primary care provider for this rash about a month ago, prescribed topical steroids with no improvement
 - Rash was not itchy, no redness, no pain
- Denied fever, URI, headache, malaise, anorexia, sore throat, myalgias, weight loss and lymphadenopathy
- Social history: recently at summer camp, denied being sexually active (ever)

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Exam: 1 cm hypopigmented macules with central sparing, on face, extending to trunk, few spots scattered on arms, no palm/sole involvement



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ARS 6: What is the rash from?

- 1. Pityriasis rosea
- 2. Treponema pallidum
- 3. Tinea corporis
- 4. Discoid lupus
- 5. Eczema

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Discharge/Follow-up

- Dermatology: Biopsy of the axillary lesion performed
- Patient was sent home with diagnosis of possible discoid lupus
- A week later, path results prompted patient to be recalled to care

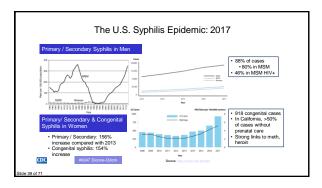
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Labs

- Biopsy revealed *Treponema pallidum* on Warthin Starry silver stain
- RPR 1:64, TPPA positive
- HIV Ag-Ab test positive



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A 45 year old woman is diagnosed with HIV (CD4 = 26, VL = 265,000). She is started on dolutegravir & TAF/FTC. She returns 4 weeks after initiating ART with painful genital lesions, myalgias and fevers. She has never had these symptoms before and denies a history of genital herpes. She has one long-term sexual partner. Last sex was 2 months ago. Her examination shows:

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Exam

ARS 7: Which of the following is the most likely cause of her symptoms?

- 1. Primary HSV-2
- 2. Fixed drug eruption
- 3. HSV-2 IRIS
- 4. Erosive lichen planus
- 5. Secondary syphilis

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Key Points: HSV-2 & IRIS

- Can occur in 6 months after ART initiation
- More severe than recurrences with local and systemic symptoms
- Most people with HSV-2 are not aware of their infection (like this patient); consider HSV-2 serologic screening in HIV care
- For patients with known HSV-2 and low CD4 counts initiating ART, consider suppressive therapy

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Genital Herpes: HIV OI Guidelines Preventing Recurrence

- Suppressive therapy for HSV may be continued indefinitely, without regard for improved CD4 cell count, although need for continuation should be addressed on an annual basis, particularly if immune reconstitution has occurred (BIII).
- In persons starting ART with CD4 cell counts <250 cells/mm3, there is in increased risk of HSV-2 shedding and genital ulcer disease in the first 6 months; suppressive ACV decreases the risk of GUD nearly 60% compared to placebo, and may be recommended for persons with CD4 cell counts <250 cells/mm3 starting ART (BI).
- The use of daily suppressive therapy (when compared to episodic therapy) has been associated with a lower risk of development of acyclovir-resistant HSV in hematopoietic stem cell recipients; there are no specific data for persons with HIV infection.

U.S. O.I. Guidelines, September 2015 (no revisions on this in recent updates)

- 47-y.o. man complaining of painful lesion penis for 2 weeks
- Sexual history: 1 male partner in past 3 months; oral sex (both insertive and receptive) and insertive anal sex only
- No history of STIs
- No history of (injection) drug use
- Last HIV test >2 years ago (negative)

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2.5 cm round, superficial ulceration on shaft No lymphadenopathy HIV (rapid test): reactive



- 24 y.o. male complaining of initially non-painful penile lesions for 1 month; they have gradually become more uncomfortable
- Pt denies new female partners, sex with men, or injection drug use
- No history of STI
- Last HIV test: 4 months ago negative by self-report

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ARS 8: What do you do now?

- 1. Treat for primary syphilis
- 2. Treat for genital herpes
- 3. Treat for syphilis and herpes
- 4. Provide NSAIDs and await test results (syphilis serology; HSV2 PCR)

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Both Cases

- Initially treated for syphilis and herpes
- Herpes cultures positive for HSV-2
- CD4 counts 23 and 12, respectively
- Syphilis serologies negative

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A Vexing Problem 33 yo man with well-controlled HIV diagnosed with rash of secondary syphilis, confirmed by serology; no indication for LP Treated with appropriate BZN PCN therapy Serum RPR 1:1024 (day of treatment) Two recent sex partners; both treated in same clinic	
A Vexing Problem • Returned in 3 months • Serum RPR 1:512	
A Vexing Problem • Returned in 6 months • Serum RPR 1:64	

A Vaving Brokleys	
A Vexing Problem	
Returned in 9 months	-
Serum RPR 1:32	
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A Vexing Problem	-
Returned in 1 year	
Serum RPR 1:8	
No new partners or known exposures to syphilis	
No intercurrent STD What now?	
- what how:	
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	1
Serie et al Re-Re-Brand Bisson (2011) 1-079 DO 10.1186/1/07-915-020-8 Infectious Diseases	
A systematic review of syphilis serological	
treatment outcomes in HIV-infected and HIV-uninfected persons: rethinking the	
significance of serological non-responsiveness and the serofast state after therapy	
Adene C. Sofa". Stan-Ha Zhang". Tody Lift He Play Zheng", this Ton'y Lift Garp Yang", Isan C. Satant", Myora C. Greek, "M. Arthrony Mooral", Jaine D. Mooral", and Jaine D. Tabare" • Identified 1693 reports in the lifterature, reviewed 20 studies that met selection criteria.	
Median proportion of patients withserological non-response was 12.1% overall (interquantile range, 4.9–25.6)	
 Serofast proportion estimated from 2 studies, which ranged from 35.2–44.4 %. Serological cure was primarily associated with younger age, higher baseline 	
nontreponemal titers, and earlier syphilis stage. Relationship between serological cure and HIV status inconsistent; among HIV-infected	
patients, CD4 count and HIV viral load was not associated with serological cure	1

	R ARTICLE		JAII.	OSA hiv	ma	Clinical Infectious	Diseases® 2019;68(6):913~8
Perfor Syphi		f Treponema	l Tests for th	e Diagnosis	of		
na U. Park, ^{U.} Y im H. Nomura	fetande f. Fekile, [†] Jose M , [†] Victor Ches, [‡] Manie Be	f. Chove," Kathleen J. Gustalsen, ebeshti, Townson Tsai," Karen h	"Heather Jost," Jeffrey M. Sch foover," and Gail Bolan"	apira, [†] Sasan Novek-Weekley, [†]	Authory Teas,		
	Table 2. Sensiti	ivity and Specificity of 1	Freponemal Assays for	Detection of Syphilis, b	y Stage and Overall		
			Sensitivit	y by Stage		Overall	Overall
	Assay	Primary (n = 55)	Secondary (n = 96)	Early Latent (n = 41)	Late Latent (n = 68)	Sensitivity (n = 262)	Specificity (n = 403)
	FTA-ABS	78.2" (65.0-68.2)	92.8* (85.7-97.0)	100 (90.7-100)	92.6 (83.7-97.6)	90.8* (86.7-94.0)	98.0 (96.1-99.1)
	TPPA	94.5 (84.9-98.9)	100 (96.2-100)	100 (90.7-100)	86.8° (76.4-93.8)	95.4 (92.1-97.6)	100 (99.0-100)
	Centaur CIA	94.5 (84.9-98.9)	100 (96.2-100)	100 (90.7-100)	94.1 (85.6-98.4)	97.3 (94.6-98.9)	95.5 (93.0-97.3)
	Trep-Sure EIA	94.5 (84.9-98.9)	100 (96.2-100)	100 (90.7-100)	98.5 (92.1-99.9)	98.5 (96.1-99.6)	82.6° (78.4-86.1)
	LIAISON CIA	98.4 (94.5-98.2)	100 (96.2-100)	976 (874-99.9)	92.6 (83.7-97.6)	96.9 (94.1-98.7)	94.5 (91.8-98.5)
	Bioplex MBIA	96.4 (94.5-96.2)	100 (96.2-100)	95.1 (83.8-99.4)	94.1 (85.6-98.4)	96.9 (94.1-98.7)	96.7 (94.4-98.2)
	INNO-LIA	96.4 (94.5-98.2) ss % 05% confidence inten-	100 (96.2-100)	100 (90.7–100)	91.1 (81.7-96.7)	96.9 (94.1-98.7)	98.5 (96.8-99.5)
	Abbreviations: CIA, d		essay; EIA, enzyme immun	oessay; FTA-ABS, fluoresce	ent treponemal antibody abso	rption test; LIA, line immuno	sassay; MBIA, microbead
	*FTA-ABS was less sensitive than other assays for primary syphilis (bit P s. 01) and secondary syphilis (P = .007). Combining all stages, FTA-ABS was less sensitive than TPPA (P = .038) or the immunoseppy (sit P < .010).						
14- 50	*TPPA significantly le	ess sensitive than Trep-Sure I	EIA for late latent syphilis (A	= .009; all other compariso	ons were not statistically sign	ificant.	
ide 59	Then Sure FIA was si	ionificantly less specific that	nal other assays bil P < .00	NI.			

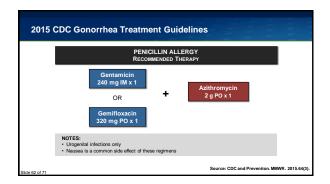
- Healthy HIV+ 40 y.o. man sexually active with men, receptive/insertive anal/oral sex "usually" with condoms if receptive anal only
- Screening last week at all sites revealed +NAAT for *N. gonorrhoeae* at the pharynx.
- He reports hives on receipt of penicillin as a child, and has not received penicillin since.

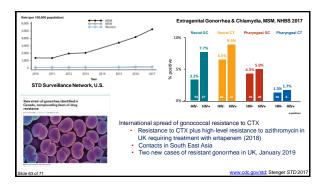
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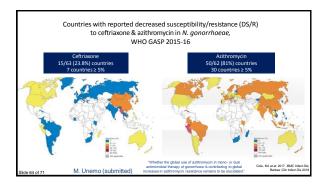
ARS 9: What do you do?

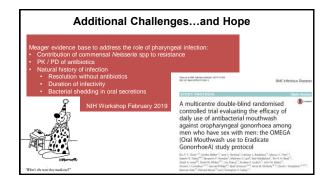
- 1. Treat with IM ceftriaxone, 250 mg, now
- 2. Document negative skin testing for PCN allergy prior to treatment with ceftriaxone
- 3. Treat with oral azithromycin, 2 gram, now
- 4. Treat with IM gentamicin (240 mg) and oral azithromycin (2 gram) now

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Novel Antimicrobials Under Study for Gonorrhea

- Zoliflodacin (AZ D0914)
 - Spiropyrimidinetrione (topoisomerase inhibitor)

 - Activity at rectum; limited at pharynx Activity vs. C. trachomatis, M. genitalium
- Phase II trial completed (Taylor SA NEJM 2018) Gepotidacin (BTZ116576)
- Triazaacenaphthylone (topoisomerase inhibitor)
 High efficacy potential 3 separate ribosomal targets
- Phase II trial completed (Taylor SA CID 2018)

Solithromycin

- Fluoroketolide; inhibits protein synthesis
- Initial Ph 3 trial did not show non-inferiority to standard-of-care; no resistance but given structural similarity to telithromycin, strains with high-level azithromycin resistance are concern (Hook EW CID 2015)
- Ineffective as single-dose therapy (Hook Sex Transm Dis 2019)

Single-Dose Zoliflodacin (ETX0914) for Treatment of Urogenital Gonorrhea

Gepotidacin for the Treatment of Uncomplicated Urogenital Gonorrhea: A Phase 2, Randomized, Dose-Ranging, Single-Oral Dose Evaluation 3

Burker's Turker & Control Harder, American States of States

A Phase 2 Trial of Oral Solithromycin 1200 mg 1000 mg as Single-Dose Oral Therapy for Uncomplicated Gonorrhea

etrospective case-control study of subjects immunized with NZ MenB OMV vaccine (2004-2014) 877 diagnoses of gonorrhea, 772 diagnoses of gonorrhea/chlamydia co-infection in participants Effectiveness of MenB vaccine against gonorrhea estimated to be 33% No reduced risk in individuals with gonorrhea/chlamydia coinfection

THANK YOU!!	
OH, I AM SO WORTH	
THE RASH	
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Question-and-Answer	