## **HIV Prevention and STI Screening and Prevention** Raphael J. Landovitz, MD University of California Los Angeles 1 Financial Relationships With Ineligible Companies (Formerly Described as Commercial Interests by the ACCME) Within the Last 2 Years Dr Landovitz has served on the scientific advisory board for Gilead Sciences, Inc. and Merck Inc (Updated 12/14/22) 2 **Learning Objectives** After attending this presentation, learners will be able to: Describe the recommended options for PrEP agent choice by risk-behavior category Describe the recommendations for which IAS-USA Guidelines diverge from CDC, FDA, and/or DHHS guidelines/recommendations List the resources for expert clinical assistance for

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complex PEP or PrEP cases

Angeline
Angeline is a 29 yo transfeminine patient who presents to discuss HIV prevention options
<ul> <li>9 months ago, she was hospitalized for treatment of polytrauma resulting from an assault by a former partner</li> <li>The assault occurred in the setting of the partner finding her oral PrEP medication in her purse</li> </ul>
She has a past medical history notable for poorly controlled hypertension, DM2, CKD with a baseline creatinine clearance of 65 mL/min, and dyslipidemia     She is not currently using GAHT     She is considering a number of gender-affirming surgical procedures, including gluteal fat transfers

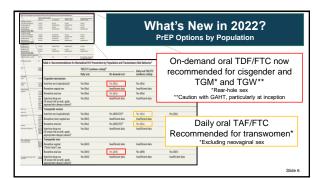
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## ARS 1: What are her PrEP options?

- A. Daily oral TDF/FTC is her only option
- B. Daily oral TDF/FTC or CAB-LA are her options
- $\ensuremath{\text{C}}.$  Daily oral TDF/FTC or TAF/FTC, or CAB-LA are her options
- D. Daily oral or on-demand (2-1-1) TDF/FTC, daily oral TAF/FTC or CAB-LA are all options
- E. Daily oral or on-demand (2-1-1) TDF/FTC, daily oral TAF/FTC, CAB-LA and the DPV ring are all options

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## As you review her PrEP options....

- · Angeline discloses that recently she has met a new partner
- They have a sexual relationship but also share injection drug needles. She is not sure about the sterility of those needles before use
  - While she does not intend to have other sexual partners while seeing her current partner, she is unsure about whether he is having additional partners
- She does not feel like she can ask him his HIV status, and is not sure she would believe his answer
- She asks if any of that information changes your thoughts on what is best for her for PrEP

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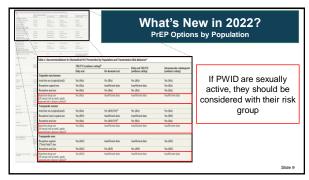
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### ARS 2: Now what are her PrEP options?

- A. Daily oral TDF/FTC is her only option
- B. Daily oral TDF/FTC or CAB-LA are her options
- C. Daily oral TDF/FTC or TAF/FTC, or CAB-LA are her options
- D. Daily oral or on-demand (2-1-1) TDF/FTC, daily oral TAF/FTC or CAB-LA are all options
- E. Daily oral TDF (alone) is her only option

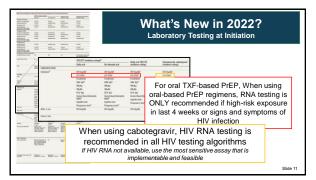
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# What tests should be used to screen for HIV? In speaking with colleagues, you have heard that the CDC's updated PrEP guidelines recommend both HIV Antigen/Antibody and HIV RNA testing before initiating: Oral TXF/XTC based PrEP CAB-LA PrEP AND Both HIV Antigen/Antibody and HIV RNA testing before each PrEP dispensation At 3-monthly oral PrEP dispensations At the time of every CAB-LA injection (and when oral CAB is dispensed if used) Agree to Disagree

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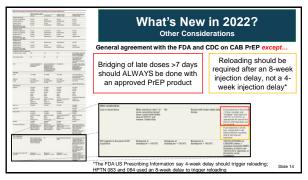
## What tests should be used to screen for HIV? Angeline decides to initiate CAB-LA A rapid phlebotomized blood rapid test in the office is negative and she has no signs or symptoms consistent with acute HIV She decides to skip the oral lead-in and go "direct to inject" She is on-time for her 2nd injection 4 weeks later, at which time Ag/Ab and HIV RNA testing is again negative She then is out of touch (phone is disconnected) and misses her 3rd injection She calls the clinic 15 weeks after her 2<sup>rd</sup> injection (7 weeks late), and is able to come in that day

## ARS 3: In addition to strategizing about barriers to on-time injections....

- A. You tell her CAB-LA is clearly not working for her
- B. You proceed with injection, having sent HIV Ag/Ab and RNA testing (which are pending), and plan to "reload her" 4 weeks later
- C. You proceed with injection, having sent HIV Ag/Ab and RNA testing (which are pending), and plan to continue with the next injection 8 weeks later
- D. You send HIV Ag/Ab and RNA testing, but you hold the injection until the results have returned, holding all PrEP
- E. You send HIV Ag/Ab and RNA testing, but you hold the injection until the results have returned, "bridging" with oral PrEP in the meantime

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### The HIV testing you sent has now resulted

- The HIV Ag/Ab test is negative
- The HIV RNA returns DETECTED 1200 c/mL
- She is generally asymptomatic but had been diagnosed with SARS-CoV-2 since you last saw her, and although recovered, has some lingering protean symptoms
- She last had sexual contact with her partner ~3 weeks ago

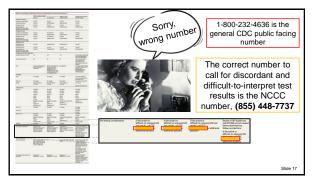
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## ARS 4: Your interpretation of these results is:

- A. It's a false positive, 100%
- B. It's probably a false positive, but what if it isn't?
- C. It could really be the first manifestation of CAB PrEP breakthrough, but let's test again, holding any further CAB PrEP
- D. This is 100% clearly a breakthrough infection, start fully suppressive ART immediately
- E. I'd like to phone a friend

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